



Gymnastics Classes

**3 Times World Champion, Natalia Iliencko is
Bringing Gymnastics to Bracknell**

Classes At - **Results Health Club - Bracknell** , Oareborough Road (off
Harmans Water Road), Bracknell, Berkshire, RG12 9LS - **Classes start
7th April 16.30-17.30** - For More info - ring 01344 488885. email
gary@heathrowaerobicsgymnastics.co.uk

**Gymnastics is a wonderful sport for Children, that can help
them develop coordination, strength, balance, flexibility and
so much more. It can also build self-esteem, and improve
skills such as self-discipline and concentration.**