



**The 13<sup>th</sup> Heathrow Aerobic Gymnastics  
International -  
Bracknell,  
GBR**

**11<sup>rd</sup> – 13<sup>th</sup> May 2018**

**UK Invitation**

18/01/2018

Dear Friends,

We are pleased to invite your Club to the Heathrow Aerobic Gymnastics Club; the 13th Heathrow International Club Championships for all categories in Aerobic Gymnastics which will take place between 11<sup>th</sup>-13<sup>th</sup> May 2018. The competition is to be held in Bracknell, Berkshire near London.

Please find conditions and rules detailed below:

**Competition Venue:**

Bracknell Sports and Leisure Centre, Bracknell, Berkshire, RG12 9SE, UK

**Dates:**

11<sup>th</sup> - 13<sup>th</sup> May 2018

**Technical Rules:**

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Doping Control Rules
- Licence rules (except for non-competitive events)
- Media Rules
- Apparatus Norms
- FIG Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules *and subsequent decisions of the FIG Executive Committee*

**In Addition:**

- British Gymnastics Aerobic Gymnastics Competition Handbook Rules
- British Gymnastics RAC Rules

### Categories & Ages:

- RAC: Pre-Foundation, Foundation, National Development, Group1, Group2, Seniors - IW / IM / Pairs / Mixed Pairs / Trios / Groups (GBR Rules)
- Foundation (9 Years): IW / IM / Pairs / Mixed Pairs / Trios / Groups (GBR Rules)
- FIG & NAC: National Development (10-11 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG - Rules)
- FIG & NAC: Age Group I – (Juniors 12-14 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG International Age Group Rules)
- FIG & NAC: Age Group 2 – (Juniors 15-17 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG International Age Group Rules)
- FIG & NAC: Seniors – (18+ years) IW / IM / Mixed Pairs / Trios / Groups (FIG - Rules)

### **PROVISIONAL - Programme:**

- **Friday 11<sup>th</sup> May** – All RAC; IW / IM / Pairs/ Mixed Pairs / Trios / Groups. NAC National Development; IW / IM / Pairs / Mixed Pairs / Trios / Groups.
- **Saturday 12<sup>th</sup> May** – **Qualifications:** FIG Group 1, FIG Group 2 & FIG Senior; IW / IM.
- *Qualifications are dependent on the number of entries in each age group and category - Finals will be held on Sunday 13<sup>th</sup> May. (Any age group / category with insufficient entries for a qualification round will compete in finals only on **Sunday 13<sup>th</sup> May.**)*
- **Sunday 13<sup>th</sup> May** – NAC Group 1, NAC Group 2 and NAC Seniors, FIG National Development; IW / IM / Pairs / Mixed Pairs / Trios / Groups.
- **Sunday 13<sup>th</sup> May, Finals:** FIG Group 1, FIG Group 2 & FIG Seniors; IW / IM / Pairs / Mixed Pairs / Trios / Groups.

***Please note the indicated programme is provisional and is dependent on the number of entries received. We reserve the right to adjust the provisional programme prior to publishing the final running order.***

### **Floor:**

- Gymnova FIG Accredited Aerobic Gymnastics Floor.
- NM201 08/10/2003,6630B

**Entry fees:**

IW/IM, PR, MP, TR, GR: £38 per person. Additional Entry: £18.00 per person.

**Number of Participants:**

Unlimited

**Judging:**

**Each Club/Delegation must send 1 or 2 judges** with a valid FIG Brevet, National Brevet, Regional or Club qualification . This applies to all clubs irrespective of the number of gymnasts entered and is relevant to each day a club has a gymnast competing. If a club does not have a qualified judge we would expect a club member to assist with time or line.

**FIG Judging Panels:**

Judges' Panels will conform to FIG COP configuration i.e. 4 Artistic, 4 Execution, 2 Difficulty and a Chair of Judges.

**Costs:**

The delegations have to cover themselves for travel expenses, accommodation, catering and entry fees. Heathrow Aerobics Gymnastics will not take responsibility for sickness and / or accident. Each participant and team member must be insured against these risks at their own expense.

**100% Entry fees must be paid by the date of the nominative entry (1<sup>st</sup> April 2018):**

Once entry fees have been received, entry fees will not be reimbursed.

**Payments:**

Payments can be made online with a credit/debit card at the nominative stage. Please make any cheques payable to "Heathrow Aerobic Gymnastics Club".

**Alternatively:****Please make your bank transfers to:**

NatWest Bank Ltd.

International Bank Account Number (IBAN) : GB63NWBK51812286165046

Bank Identification Code (BIC) : NWBKGB2L

NatWest Bank, 5 High Street Bracknell, Bracknell, Berkshire, RG12 1DH, United Kingdom.

## Accommodation:

### **Option 1 - Hilton Hotel Bracknell**, (5 minutes walking distance)

Bagshot Road,  
Bracknell,  
RG12 0QJ  
Phone:0044-1344 424801

The invited participating federations must pay for the accommodation expenses of their delegation members.

A discount of 18% off of their best available rate for the Heathrow Open. This special discount will be available until the 9th April 2018, or until the allocated amount of rooms have been sold; whichever comes first. To book your stay, simply click on the "Book Now" tab below and complete your reservation at your special group rate.

[Book Now](#)

Please note - rooms need to be booked ASAP - rooms will be allocated on a "first come, first served" basis.

You can book rooms at the special rate through a link provided by Hilton Hotels on the LOC website;

[https://secure3.hilton.com/en\\_US/hi/reservation/book.htm?execution=e1s1](https://secure3.hilton.com/en_US/hi/reservation/book.htm?execution=e1s1)

The Hilton Hotel is within walking distance of the venue and was used by all teams last year.

### **Option 2 - Grange Bracknell Hotel**, (20 minutes walking distance)

Charles Square,  
Bracknell,  
RG12 1DF  
Phone: 0044-1344 474 000

The invited participating federations must pay for the accommodation expenses of their delegation members.

#### **Prices are for 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup> and 13<sup>th</sup> May**

**Single or Double room** for £70.00 per room per night (inclusive of breakfast and VAT).

**Triple room** for £80.00 per room per night (inclusive of breakfast and VAT).

**Quad room** for the rate of £90.00 per room per night (inclusive of breakfast and VAT).

**Suites** that have a lounge and a small kitchen. These can take up to 2

**adults and 3 children. The rate for a suite is £125.00 per night (inclusive of breakfast and VAT).**

You can book rooms at the special rate; Guests can call or email quoting **G1518213/1** to get one of the rooms reserved.

e-mail:[bracknell.reservations@grangehotels.com](mailto:bracknell.reservations@grangehotels.com)

**For anyone who wants to stay on the Monday, add an additional £15.00 per night and for the Tuesday and/or Wednesday, an additional £35.00 per night, inclusive of VAT. For anyone who is booking a suite for up to 5 people, the rate of £125.00 per night will apply for every night.**

**Spectator Tickets:**

Can be purchased from our Website at [www.heathrowaerobicsgymnastics.co.uk](http://www.heathrowaerobicsgymnastics.co.uk)

**Deadlines:**

- UK Entry closing date ... (Via our website) ... **1<sup>st</sup> April 2018.**
- Payment of Entry Fees ... (Via our website) ... **1<sup>st</sup> April 2018.**

**All entries and payments must be made online via our Website.**

[www.heathrowaerobicsgymnastics.co.uk](http://www.heathrowaerobicsgymnastics.co.uk)

**Music:**

**Music for each routine will need to be uploaded online by: *Date TBC.*** Full details of this will be provided nearer the date. *This will be in addition to providing 1 music CD (appropriately labelled) for each routine at registration.*

**Running Order and Entry Lists:**

Running order and entry lists will be published on our Website as soon as possible.

*Please note the provisional programme is just that, provisional, and is dependent on the number of entries received. We reserve the right to adjust the provisional programme prior to publishing the final running order.*

We will distribute further information nearer to the competition date.

**Mail:** [gary@heathrowaerobicsgymnastics.co.uk](mailto:gary@heathrowaerobicsgymnastics.co.uk)

**Phone:** 01344 488 885

**Website:** [www.heathrowaerobicsgymnastics.co.uk](http://www.heathrowaerobicsgymnastics.co.uk)

Kind Regards

Gary Jarvis  
Heathrow Aerobic Gymnastics Club

Partners: Sentiva and NG Sportswear International Ltd.

