

Acrobatic and Aerobic British Championships 2024
Friday

Accreditation/
 registration
 Opens

15:20:00

Prepare for march on
Competition opening

16:20:00 16:30:00
 16:30:00 16:45:00

Session 1a

Panel A - Aerobics				Panel B - Aerobics				Timings					
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm up	Floorside	Perform
Aero	NAC AG IND W	Splitz Gym Club	Gracie Lynch	406						15:40:00	16:10:00	16:40:00	16:45:00
					604	Dominique Clarke	Basingstoke Gym Club	NAC ND IND W	Aero	15:42:00	16:12:00	16:42:00	16:47:00
Aero	NAC AG IND W	Basingstoke Gym Club	Cordelia Hay	400						15:44:00	16:14:00	16:44:00	16:49:00
					591	Naiara Uba	LK Aerobic Gymnastics	NAC ND IND W	Aero	15:46:00	16:16:00	16:46:00	16:51:00
Aero	NAC AG IND W	Bulmershe Gym Club	Emilia Abraham-Kodmon	390						15:48:00	16:18:00	16:48:00	16:53:00
					603	Florence Clark	Weston Aerobic Gymnastics Ltd	NAC ND IND W	Aero	15:50:00	16:20:00	16:50:00	16:55:00
Aero	NAC AG IND W	Basingstoke Gym Club	Elodie Smith	418						15:52:00	16:22:00	16:52:00	16:57:00
					619	Sonia Tse	Virtue movement co.	NAC ND IND W	Aero	15:54:00	16:24:00	16:54:00	16:59:00
Aero	NAC AG IND W	Bulmershe Gym Club	Bella Bunce	393						15:56:00	16:26:00	16:56:00	17:01:00
					610	Savannah Harmony	Weston Aerobic Gymnastics Ltd	NAC ND IND W	Aero	15:58:00	16:28:00	16:58:00	17:03:00
Aero	NAC AG IND W	Bulmershe Gym Club	Ebony Bennett	391						16:00:00	16:30:00	17:00:00	17:05:00
					620	Selma Zamani	Heathrow Aerobic Gymnastics Club	NAC ND IND W	Aero	16:02:00	16:32:00	17:02:00	17:07:00
Aero	NAC AG IND W	Sparkles Gymnastics Club	Daisy Whitty	421						16:04:00	16:34:00	17:04:00	17:09:00
					601	Rose Callaway	Virtue movement co.	NAC ND IND W	Aero	16:06:00	16:36:00	17:06:00	17:11:00
Aero	NAC AG IND W	Basingstoke Gym Club	Rebecca Reilly	415						16:08:00	16:38:00	17:08:00	17:13:00
					613	Maja Kuziel	Basingstoke Gym Club	NAC ND IND W	Aero	16:10:00	16:40:00	17:10:00	17:15:00
Aero	NAC AG IND W	Splitz Gym Club	Holly Coggins	396						16:12:00	16:42:00	17:12:00	17:17:00
					608	Tilly Fassum	Heathrow Aerobic Gymnastics Club	NAC ND IND W	Aero	16:14:00	16:44:00	17:14:00	17:19:00
Aero	NAC AG IND W	LK Aerobic Gymnastics	Blancka Sobiecka	419						16:16:00	16:46:00	17:16:00	17:21:00
					581	Darcy Jackson	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:18:00	16:48:00	17:18:00	17:23:00
Aero	NAC AG IND W	Basingstoke Gym Club	Laila Mears	409						16:20:00	16:50:00	17:20:00	17:25:00
					600	Naomi Berridge	Weston Aerobic Gymnastics Ltd	NAC ND IND W	Aero	16:22:00	16:52:00	17:22:00	17:27:00
Aero	NAC AG IND W	Bulmershe Gym Club	Krisztina Hartley	399						16:24:00	16:54:00	17:24:00	17:29:00
					617	Emilija Seluhina	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:26:00	16:56:00	17:26:00	17:31:00
Aero	NAC AG IND W	LK Aerobic Gymnastics	Hannah Lewis-Salmon	405						16:28:00	16:58:00	17:28:00	17:33:00
					607	Georgia Dean	Weston Aerobic Gymnastics Ltd	NAC ND IND W	Aero	16:30:00	17:00:00	17:30:00	17:35:00
Aero	NAC AG IND W	Splitz Gym Club	Rosie Davis	397						16:32:00	17:02:00	17:32:00	17:37:00
					582	Pippa Moore	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:34:00	17:04:00	17:34:00	17:39:00
Aero	NAC AG IND W	Bulmershe Gym Club	Lacey Povey	413						16:36:00	17:06:00	17:36:00	17:41:00
					583	Esmee Sword	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:38:00	17:08:00	17:38:00	17:43:00
Aero	NAC AG IND W	Bulmershe Gym Club	Iona Butterfield	395						16:40:00	17:10:00	17:40:00	17:45:00
					514	Daisy Purdie	New Forest Aerobic Gymnastics	NAC ND IND W	Aero	16:42:00	17:12:00	17:42:00	17:47:00
Aero	NAC AG IND W	LK Aerobic Gymnastics	Lily Henderson	401						16:44:00	17:14:00	17:44:00	17:49:00
					602	Jessica Christie-Wakefield	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:46:00	17:16:00	17:46:00	17:51:00
Aero	NAC AG IND W	Heathrow Aerobic Gymnastics Club	Eleanor Hitchcock	403						16:48:00	17:18:00	17:48:00	17:53:00
					587	Raisa Beatrice Zavaleanu	LK Aerobic Gymnastics	NAC ND IND W	Aero	16:50:00	17:20:00	17:50:00	17:55:00
Aero	NAC AG IND W	Virtue movement co.	Estelle Rodger	416						16:52:00	17:22:00	17:52:00	17:57:00
													17:59:00

Break

Session 1b

Panel A - Aerobics			Panel B - Aerobics						Timings				
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm up	Floorside	Perform
Aero	NAC AG IND W	Phoenix Dance and Gymnastics	Bella Phillips	412						17:04:00	17:34:00	18:04:00	18:09:00
					586	Millie Nguyen	LK Aerobic Gymnastics	NAC ND IND W	Aero	17:06:00	17:36:00	18:06:00	18:11:00
Aero	NAC AG IND W	LK Aerobic Gymnastics	Lola Edwards	398						17:08:00	17:38:00	18:08:00	18:13:00
					615	Scarlett-Rose Price	Phoenix Dance and Gymnastics	NAC ND IND W	Aero	17:10:00	17:40:00	18:10:00	18:15:00
Aero	NAC AG IND W	Sparkles Gymnastics Club	Natalia Wroniewicz	422						17:12:00	17:42:00	18:12:00	18:17:00
					515	Leila Roche	New Forest Aerobic Gymnastics	NAC ND IND W	Aero	17:14:00	17:44:00	18:14:00	18:19:00
Aero	NAC AG IND W	Virtue movement co.	Isabelle Meikle	410						17:16:00	17:46:00	18:16:00	18:21:00
					612	Lola Jeff	Sparkles Gymnastics Club	NAC ND IND W	Aero	17:18:00	17:48:00	18:18:00	18:23:00
Aero	NAC AG IND W	New Forest Aerobic Gymnastics	Isla Burrow	394						17:20:00	17:50:00	18:20:00	18:25:00
					616	Addison Sargent	Splitz Gym Club	NAC ND IND W	Aero	17:22:00	17:52:00	18:22:00	18:27:00
Aero	NAC AG IND W	New Forest Aerobic Gymnastics	Elsie Maidment	408						17:24:00	17:54:00	18:24:00	18:29:00
					605	Scarlett Clarke	Sparkles Gymnastics Club	NAC ND IND W	Aero	17:26:00	17:56:00	18:26:00	18:31:00
Aero	NAC AG IND W	Weston Aerobic Gymnastics Ltd	Evie Lewis	404						17:28:00	17:58:00	18:28:00	18:33:00
					614	Emily Mackie	Suki Aerobics Gym Club	NAC ND IND W	Aero	17:30:00	18:00:00	18:30:00	18:35:00
Aero	NAC AG IND W	Virtue movement co.	Mary-Ann Perrin	411						17:32:00	18:02:00	18:32:00	18:37:00
					611	Elsie Hicks	Weston Aerobic Gymnastics Ltd	NAC ND IND W	Aero	17:34:00	18:04:00	18:34:00	18:39:00
Aero	NAC AG IND W	Suki Aerobics Gym Club	Ieva Vasiljevaite	420						17:36:00	18:06:00	18:36:00	18:41:00
					618	Leah Spence	Suki Aerobics Gym Club	NAC ND IND W	Aero	17:38:00	18:08:00	18:38:00	18:43:00
Aero	NAC AG IND W	LK Aerobic Gymnastics	Sophia Henderson	402						17:40:00	18:10:00	18:40:00	18:45:00
					606	Pearl Cohen	Suki Aerobics Gym Club	NAC ND IND W	Aero	17:42:00	18:12:00	18:42:00	18:47:00
Aero	NAC AG IND W	Sparkles Gymnastics Club	Lily Smith	417						17:44:00	18:14:00	18:44:00	18:49:00
					609	Amelia Flynn	Virtue movement co.	NAC ND IND W	Aero	17:46:00	18:16:00	18:46:00	18:51:00
Aero	NAC AG IND W	Suki Aerobics Gym Club	Isabelle Ramsay	414						17:48:00	18:18:00	18:48:00	18:53:00
					810	Charlie Cottam	LK Aerobic Gymnastics	NAC ND IND M	Aero	17:50:00	18:20:00	18:50:00	18:55:00
Aero	NAC AG IND W	Suki Aerobics Gym Club	Chloe Mackie	407						17:52:00	18:22:00	18:52:00	18:57:00
					811	Harper Newell	Sparkles Gymnastics Club	NAC ND IND M	Aero	17:54:00	18:24:00	18:54:00	18:59:00
Aero	NAC AG IND W	Phoenix Dance and Gymnastics	Nia Bevan	392						17:56:00	18:26:00	18:56:00	19:01:00
					440	Isaac Tucker	Weston Aerobic Gymnastics Ltd	NAC AG IND M	Aero	17:58:00	18:28:00	18:58:00	19:03:00
Aero	NAC ND PR	Basingstoke Gym Club	Dominique Clarke, Maja Kuziel	834						18:00:00	18:30:00	19:00:00	19:05:00
					767	Rebecca Reilly, Cordelia Hay	Basingstoke Gym Club	NAC AG PR	Aero	18:02:00	18:32:00	19:02:00	19:07:00
Aero	NAC ND PR	LK Aerobic Gymnastics	Blanca Biniek, Sophia Torley	830						18:04:00	18:34:00	19:04:00	19:09:00
					760	Mia Johnson, Kaia Anderton	LK Aerobic Gymnastics	NAC AG PR	Aero	18:06:00	18:36:00	19:06:00	19:11:00
Aero	NAC ND PR	Sparkles Gymnastics Club	Lola Jeff, Scarlett Clarke	833						18:08:00	18:38:00	19:08:00	19:13:00
					763	Lacey Haworth, Millie Higgins	Sparkles Gymnastics Club	NAC AG PR	Aero	18:10:00	18:40:00	19:10:00	19:15:00
Aero	NAC ND TR	LK Aerobic Gymnastics	Naiara Uba, Ellie Lewis-Francis, Chloe Ngorima	588						18:12:00	18:42:00	19:12:00	19:17:00
					768	Holly Coggins, Yvie Wills	Splitz Gym Club	NAC AG PR	Aero	18:14:00	18:44:00	19:14:00	19:19:00
Aero	NAC ND TR	LK Aerobic Gymnastics	Darcy Jackson, Pippa Moore, Esmee Sword	580						18:16:00	18:46:00	19:16:00	19:21:00
					766	Evie Lewis, Isaac Tucker	Weston Aerobic Gymnastics Ltd	NAC AG PR	Aero	18:18:00	18:48:00	19:18:00	19:23:00
Aero	NAC ND TR	LK Aerobic Gymnastics	Kamile Barkauskaite, Raisa Beatrice Zavaleanu, Millie Nguyen	584						18:20:00	18:50:00	19:20:00	19:25:00
					683	Lyla Hughes, Elsie Maidment	New Forest Aerobic Gymnastics	NAC AG PR	Aero	18:22:00	18:52:00	19:22:00	19:27:00
Aero	NAC ND GRP	Weston Aerobic Gymnastics Ltd	Naomi Berridge, Savannah Harmony, Georgia Dean, Elsie Hicks, Florence Clark	790						18:24:00	18:54:00	19:24:00	19:29:00
													19:31:00

Aerobic Presentation Ceremony - NAC Individuals & Partnerships

19:41:00 19:55:00