

Welsh Open Aerobic Championships 2025

No.	Pannel	Comp.	Age Category	Category	Name	Club	Warm Up Hall (Upstairs)	Competition Start
SESSION 1 PODIUM FROM Noon, Finishes at 1pm								
MARCH ON/WELSH NATIONAL ANTHEM 1.05pm - judges rolls available in judges room at 12.20hrs								
Clubs to march on in alphabetic order								
1		IAC	U10 L1	W Group	Avia Barnes, Freya Packer, Layla Grater, Maeve Sims	Cheltenham	12:10	13:10
2		IAC	U10 L1	W Group	Lizzie Birtwistle Hayward, Maia Windle, Florence Delaney	Suki	12:13	13:13
3		IAC	U10 L1	W Group	Esmee Barnes, Daisy Mellor, Effie Bennett, Elsie Sims	Cheltenham	12:16	13:16
4		IAC	U10 L1	W Group	Lizzie Yumerov, Victoria De Azevedo, Bethan Parkin	Cheltenham	12:19	13:19
5		IAC	U10 L2	W Group	Liliana Johns, Lottie Saunders, Erin Lumby	Basingstoke	12:21	13:21
6		IAC	U10 L2	W Group	Eva Toft, Eden Lye, Kenita Moavu, Seren Jones, Lara Little	Basingstoke	12:24	13:24
7		IAC	U10 L3	W Group	Kiera Abernethy-Beresford, Halle Mancell, Evie Brant	Suki	12:27	13:27
8		IAC	U10 L3	W Group	Chloe Toribio Bruno, Paris Nufiri, Macie Phelps	Basingstoke	12:30	13:30
9		IAC	U10 L3	W Group	Jasmine Kirui, Annabelle Williams, Zoe Salter	Basingstoke	12:33	13:33
10		IAC	U10 L4	W Group	Alarah Cornwall, Harper Woodcock & Esme Wilson	Cheltenham	12:36	13:36
11		IAC	U10 L4	W Group	Antonia Cibotario, Michelina Truszkowska, Thea Lindley-Ellis	Basingstoke	12:39	13:39
12		IAC	U10 L4	W Group	Georgie Clarke, Eden Parsons & Emilia Stapleton	Cheltenham	12:42	13:42
13		IAC	O11 L3	MIXED Group	Erin Gallagher, Ava Pickett, Kyra Wood, Caiden Jones, Amelia Trowen	Suki	12:45	13:45
14		IAC	O11 L3	W Group	Olivia Kubicka, Poppy Hilliker, Grace Brownnett	Basingstoke	12:48	13:48
BREAK - JUDGING PANEL CHANGE OVER - 10mins/ Open floor								
15		RAC	Pre-Foundation	IW	Lora Videva	Heathrow	13:00	14:00
16		RAC	Pre-Foundation	IW	Mali Llewellyn	Phoenix	13:03	14:03
17		RAC	Pre-Foundation	IW	Eabha Flynn	Heathrow	13:06	14:06
18		RAC	Pre-Foundation	IW	Erin Kate-May	Phoenix	13:09	14:09
19		RAC	Pre-Foundation	IW	Maya Gondro	Heathrow	13:12	14:12
20		RAC	Pre-Foundation	IW	Mia Harries	Phoenix	13:15	14:15
21		RAC	Pre-Foundation	IW	Jannah Kamal	Heathrow	13:18	14:18
22		RAC	Pre-Foundation	IW	Bonnie price	Phoenix	13:21	14:21

23		RAC	Pre-Foundation	IW	Emily Horrix	Basingstoke	13:24	14:24
24		RAC	Pre-Foundation	W Trio	Grace Parry, Bella Conway, Celyn George	Phoenix	13:27	14:27
25		RAC	Pre-Foundation	IW	Melissa Pavlic	Heathrow	13:30	14:30
26		RAC	Pre-Foundation	IW	Lilly Stoate	Phoenix	13:33	14:33
27		RAC	Pre-Foundation	IW	Zeina Kamal	Heathrow	13:36	14:36
28		RAC	Pre-Foundation	Group	Grace Parry, Bella Conway, Celyn George, Cali Hodges, Erin Kate-May	Phoenix	13:39	14:39
29		RAC	Pre-Foundation	W Trio	Bonnie Price, Mali Llewellyn, Mia Harries	Phoenix	13:42	14:42
30		RAC	Foundation	IW	Chloe Gausden	basingstoke	13:45	14:45
31		RAC	Foundation	IW	Hannah Spence	Suki	13:48	14:48
32		RAC	Foundation	IW	IW- Florence Phillips	Phoenix	13:51	14:51
		RAC	Foundation	IW	Martha Foley-Greaves	Suki		14:54
33		RAC	Foundation	IW	IW- Connie Jenkins	Phoenix	13:54	14:54
34		RAC	Foundation	IW	Isabelle Hunter	basingstoke	13:57	14:57
35		RAC	Foundation	IW	Chloe Caiels	Suki	14:00	15:00
36		RAC	Foundation	IW	IW- Livie Smith	Phoenix	14:03	15:03
37		RAC	Foundation	IW	Lucy Wallace	basingstoke	14:06	15:06
38		RAC	Foundation	IW	IW- Avia McGuinnes Griffiths	Phoenix	14:09	15:09
39		RAC	Foundation	IW	Katie Bond	basingstoke	14:12	15:12
40		RAC	Foundation	IW	IW - Faith Jarvis	Phoenix	14:15	15:15
41		RAC	Foundation	IW	Piper Rose	basingstoke	14:18	15:18
42		RAC	Foundation	IW	IW- Sophie Carrett	Phoenix	14:21	15:21
43		RAC	Foundation	W Pair	Martha Foley-Greaves & Darcie Mansell	Suki	14:24	15:24
44		RAC	Foundation	W Pair	PAIR- Ruby knight, Sonny knight	Phoenix	14:27	15:27
45		RAC	Foundation	W Pair	Hannah Spence & Chloe Caiels	Suki	14:30	15:30
46		RAC	Foundation	Group	GROUP- Florence Phillips, Avia McGuinnes Griffiths, Livie Smith, Faith Jarvis	Phoenix	14:33	15:33
15 mins Break/Open floor								
47		RAC	Nat Dev	IW	Ida Hughes	Suki	14:48	15:48
48		RAC	Nat Dev	IW	IW- Mali Owens	Phoenix	14:51	15:51
49		RAC	Nat Dev	IW	IW -Kiana Evans	Phoenix	14:54	15:54
50		RAC	Nat Dev	IW	Tia Spencer	basingstoke	14:57	15:57
51		RAC	Nat Dev	IW	Darcie Mansell	Suki	15:00	16:00
52		RAC	Nat Dev	IW	Rosa Knight	Phoenix	15:03	16:03

53		RAC	Nat Dev	IW	Elsie Coleman	suki	15:06	16:06
54		RAC	Nat Dev	IW	Alisa Tyrina	heathrow	15:09	16:09
55		RAC	Nat Dev	IW	Nina Gorbenko	basingstoke	15:12	16:12
56		RAC	Nat Dev	IW	Ahd Kamal	heathrow	15:15	16:15
57		RAC	Nat Dev	IW	Miya Matthews	basingstoke	15:18	16:18
58		RAC	Nat Dev	IW	Amber Eiamwat	heathrow	15:21	16:21
59		RAC	Nat Dev	W Pair	Martha Foley-Greaves & Darcie Mansell	Suki	15:24	16:24
60		RAC	Nat Dev	W Pair	PAIR- Kiana Evans, Rosa knight	Phoenix	15:27	16:27
61		RAC	Nat Dev	W Pair	Molly Parsons & Elsie Coleman	Suki	15:30	16:30
62		RAC	Nat Dev	W Trio	TRIO- Eleanor Bevan, Danielle Jenkins, Mali Owens	Phoenix	15:33	16:33
63		RAC	Nat Dev	W Trio	TRIO- Lilly Roderick, Esme Wesley, Seren Mulligan	Phoenix	15:36	16:36
64		RAC	Youth	IW	Isla Aberneth-Beresford	suki	15:39	16:39
65		RAC	Youth	IW	Jasmine Gray	basingstoke	15:42	16:42
66		RAC	Youth	IW	Petina Dudeva	heathrow	15:45	16:45
67		RAC	Youth	IW	IW- Maizey Woodward	Phoenix	15:48	16:48
68		RAC	Youth	IW	Imogen Rice	cheltenham	15:51	16:51
69		RAC	Youth	IW	IW- Elise Bagah	Phoenix	15:54	16:54
70		RAC	Youth	IW	IW- Phoebe Howe	Phoenix	15:57	16:57
71		RAC	Youth	Pair	Isabella Ayers & Lola Allen	cheltenham	16:00	17:00
72		RAC	Youth	Pair	Evie Suffield/Isla Abernethy-Beresford,	suki	16:03	17:03
73		RAC	Youth	Trio	Imogen Rice, Isabella Ayers & Lola Allen	cheltenham	16:06	17:06
74		RAC	Junior	IW	Margo Mezentsiva	basingstoke	16:09	17:09
75		RAC	Junior	IW	Scarlet Cohen	suki	16:12	17:12
76		RAC	Junior	IW	Zara Law	basingstoke	16:15	17:15
77		RAC	Junior	IW	Olivia Bryce	heathrow	16:18	17:18
78		RAC	Junior	IW	Orla Waite	basingstoke	16:21	17:21
79		RAC	Senior	IW	Lisa Hoyes	cheltenham	16:24	17:24
Presentation for ALL gymnasts								
Competition ends after presentation								