

Acrobatic and Aerobic British Championships 2024

Sunday

Accreditation /
 Registration opens 08:00:00
 Prepare for march on 08:50:00 09:00:00
 Competitor Opening 09:00:00 09:15:00

Session 7

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
Dynamic	MP 11-16	Honiton Gymnastics Club	Coen Cooke , Oscar Felice	83	741	Kacey Arkley	Suki Aerobics Gym Club	FIG JNR IND W	Aero	08:10:00	08:40:00	09:10:00	09:15:00
Dynamic	MP 11-16	Bromley Valley Gymnastics Centre	Oscar Green, Harry Macduff	80	333	Starr Hockham	Basingstoke Gym Club	FIG JNR IND W	Aero	08:32:00	08:52:00	09:12:00	09:17:00
Balance*	MxP 11-16	Wakefield Gym Club	Lukas Wheat, Brooke Murphy	133	740	Tia Abrams	LK Aerobic Gymnastics	FIG JNR IND W	Aero	08:14:30	08:44:30	09:14:30	09:19:30
Balance*	MxP 11-16	Salto Gymnastics Club	Ben Litchfield-Shaw, Chloe Gooden	130	521	Skyla Hickey	Sparkles Gymnastics Club	FIG JNR IND W	Aero	08:36:30	08:56:30	09:16:30	09:21:30
Balance*	MxP 11-16	Hope Acrobatic Gymnastics Club	Logan Mallord, Ella Cooper	136	337	Caitlin Phua	Sparkles Gymnastics Club	FIG JNR IND W	Aero	08:19:00	08:49:00	09:19:00	09:24:00
Dynamic	WP 11-16	Kernow Academy	Bella Goldring, Sevi-Drew Richardson	303	745	Lowan Davies	Phoenix Dance and Gymnastics	FIG JNR IND W	Aero	08:41:00	09:01:00	09:21:00	09:26:00
Dynamic	WP 11-16	Kilmarnock Acro GC	Olivia Smith, Macey Dayer	306	747	Lily Harris	Basingstoke Gym Club	FIG JNR IND W	Aero	08:23:30	08:53:30	09:23:30	09:28:30
Dynamic	WP 11-16	Flight Gymnastics Academy	Hannah Milliken, Kendra Louise Kernohan	900	748	Nicole Nikolenko	Heathrow Aerobic Gymnastics Club	FIG JNR IND W	Aero	08:45:30	09:05:30	09:25:30	09:30:30
Dynamic	WP 11-16	Honiton Gymnastics Club	Hallie Bennett, Lexie Wills	309	746	Lucy Eccles	LK Aerobic Gymnastics	FIG JNR IND W	Aero	08:28:00	08:58:00	09:28:00	09:33:00
Dynamic	WP 11-16	Spirit Gymnastics Academy	Imogen Falconer, Emily Damon	300	751	Lily-Jean Smith	Weston Aerobic Gymnastics Ltd	FIG JNR IND W	Aero	08:50:00	09:10:00	09:30:00	09:35:00
Balance*	WG 11-16	Acrobay GC	Skye Archibald, Kamila Denicka, Roxie Kemp	172	336	Holly Johnston	Sparkles Gymnastics Club	FIG JNR IND W	Aero	08:32:30	09:02:30	09:32:30	09:37:30
Balance*	WG 11-16	Heathrow Gym Club	Grace White, Nahla Gillette, Julia Pietrusa	192	335	Grace Garnham	Sparkles Gymnastics Club	FIG JNR IND W	Aero	08:54:30	09:14:30	09:34:30	09:39:30
Balance*	WG 11-16	Salto Gymnastics Club	Chloe O'Neill, Megan Allen, Jessica Wyncoll	180	742	Millie Baker	Splitz Gym Club	FIG JNR IND W	Aero	08:37:00	09:07:00	09:37:00	09:42:00
Balance*	WG 11-16	The Triangle Centre	Elly Westphal, Antonia Barugh, Maile-Annie McCormick	160	523	Emily Kays	Virtue movement co.	FIG JNR IND W	Aero	08:59:00	09:19:00	09:39:00	09:44:00
Balance*	WG 11-16	Heathrow Gym Club	Julia Snowyda, Natalia Goulding-Laing, Nicol Zybala	196	749	Natalie Pienio	Heathrow Aerobic Gymnastics Club	FIG JNR IND W	Aero	08:41:30	09:11:30	09:41:30	09:46:30
Balance*	WG 11-16	Acrobay GC	Emma Burns, Georgia Haddow, Alana McClymont	176	743	Jayda Blanchflower	Basingstoke Gym Club	FIG JNR IND W	Aero	09:03:30	09:23:30	09:43:30	09:48:30
Balance*	WG 11-16	Spirit Gymnastics Academy	Amelie Broks, Lexi Coleman, Lana Cook	164	752	Cloe Travers	Suki Aerobics Gym Club	FIG JNR IND W	Aero	08:46:00	09:16:00	09:46:00	09:51:00
Balance*	WG 11-16	Acrobay GC	Imara Beattie, Lily McHale, Khloe Cameron	168	744	Melissa Campbell	LK Aerobic Gymnastics	FIG JNR IND W	Aero	09:08:00	09:28:00	09:48:00	09:53:00
Balance*	WG 11-16	Wakefield Gym Club	Caitlin Chester, Grace Gallagher, Ava Foreman	184	750	Lulu Sargeant	Heathrow Aerobic Gymnastics Club	FIG JNR IND W	Aero	08:50:30	09:20:30	09:50:30	09:55:30
Dynamic	MG 11-16	Southampton Gym Club	Olly Clarke, Charlie Fyvie Rae, Rory Le Bas, Ethan Parker	90	340	Olivia Moore, Matthew Gogol	Sparkles Gymnastics Club	FIG JNR PR	Aero	09:12:30	09:32:30	09:52:30	09:57:30
Break					343	Felix Smith, Amelia Thynne	Basingstoke Gym Club	FIG JNR PR	Aero	09:04:00	09:34:00	10:04:00	10:09:00
										09:26:00	09:46:00	10:06:00	10:11:00
										09:08:30	09:38:30	10:08:30	10:13:30
										09:30:30	09:50:30	10:10:30	10:15:30
										09:13:00	09:43:00	10:13:00	10:18:00
										09:35:00	09:55:00	10:15:00	10:20:00
										09:17:30	09:47:30	10:17:30	10:22:30
										09:39:30	09:59:30	10:19:30	10:24:30
										09:22:00	09:52:00	10:22:00	10:27:00
										09:44:00	10:04:00	10:24:00	10:29:00
										09:26:30	09:56:30	10:26:30	10:31:30
										09:48:30	10:08:30	10:28:30	10:33:30
										09:31:00	10:01:00	10:31:00	10:36:00
										09:53:00	10:13:00	10:33:00	10:38:00
										09:35:30	10:05:30	10:35:30	10:40:30
										09:57:30	10:17:30	10:37:30	10:42:30
										09:40:00	10:10:00	10:40:00	10:45:00
													10:47:00

Session 8

Panel A - Acrobatics					Panel B - Aerobics					Timings				
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform	
Combined	13-19 MP Final	~		Q1	0					10:12:00	10:32:00	10:52:00	10:57:00	
						472	Sukki Hockham, Pippa Stokes, Emily Street	Basingstoke Gym Club	FIG AG TR	Aero	09:55:00	10:25:00	10:55:00	11:00:00
Combined	13-19 MxP Final	~		Q2	0					10:17:00	10:37:00	10:57:00	11:02:00	
						476	Phoebe Beckell, Jacey Wrigley, Lillian Miller	Basingstoke Gym Club	FIG AG TR	Aero	10:00:00	10:30:00	11:00:00	11:05:00
Combined	13-19 MxP Final	~		Q1	0					10:22:00	10:42:00	11:02:00	11:07:00	
						464	Alessia Polledri, Isobelle Davies, Olivia Lacey	Phoenix Dance and Gymnastics	FIG AG TR	Aero	10:05:00	10:35:00	11:05:00	11:10:00
Combined	13-19 WP Final	~		Q1	0					10:27:00	10:47:00	11:07:00	11:12:00	
						484	Ava Dryden, Rhianne Dean, Isla Burrow	New Forest Aerobic Gymnastics	FIG AG TR	Aero	10:10:00	10:40:00	11:10:00	11:15:00
Combined	13-19 WP Final	~		Q2	0					10:32:00	10:52:00	11:12:00	11:17:00	
						480	Abigail Bridget Witt-Gomes, Sofia Reis, Amelia Dispinseri	Heathrow Aerobic Gymnastics Club	FIG AG TR	Aero	10:15:00	10:45:00	11:15:00	11:20:00
Combined	13-19 WG Final	~		Q6	0					10:37:00	10:57:00	11:17:00	11:22:00	
						460	Jenna Metford, Sienna Harrison, Georgia Miles	LK Aerobic Gymnastics	FIG AG TR	Aero	10:20:00	10:50:00	11:20:00	11:25:00
Combined	13-19 WG Final	~		Q5	0					10:42:00	11:02:00	11:22:00	11:27:00	
						468	Grace Eccles, Nicole Wong, Niamh Austen	Weston Aerobic Gymnastics Ltd	FIG AG TR	Aero	10:25:00	10:55:00	11:25:00	11:30:00
Combined	13-19 WG Final	~		Q2	0					10:47:00	11:07:00	11:27:00	11:32:00	
						334	Caitlin Phua, Holly Johnston, Grace Garnham	Sparkles Gymnastics Club	FIG JNR TR	Aero	10:30:00	11:00:00	11:30:00	11:35:00
Combined	13-19 WG Final	~		Q4	0					10:52:00	11:12:00	11:32:00	11:37:00	
						330	Aiva Bird-Haynes, Ellie Craven, Starr Hockham	Sparkles Gymnastics Club	FIG JNR TR	Aero	10:35:00	11:05:00	11:35:00	11:40:00
Combined	13-19 WG Final	~		Q1	0					10:57:00	11:17:00	11:37:00	11:42:00	
						660	Connor Keane, Emily James	Sparkles Gymnastics Club	FIG SNR PR	Aero	10:40:00	11:10:00	11:40:00	11:45:00
Combined	13-19 WG Final	~		Q3	0					11:02:00	11:22:00	11:42:00	11:47:00	
						663	Eesha Antil, Eric Deli	Heathrow Aerobic Gymnastics Club	FIG SNR PR	Aero	10:45:00	11:15:00	11:45:00	11:50:00
Combined	13-19 MG Final	~		Q1	0					11:07:00	11:27:00	11:47:00	11:52:00	
						690	Lola Lawrence, Emily Blackhurst, Jessica Ryding	Weston Aerobic Gymnastics Ltd	FIG SNR TR	Aero	10:50:00	11:20:00	11:50:00	11:55:00
Combined	SNR MP Final	~		Q1	0					11:12:00	11:32:00	11:52:00	11:57:00	
						510	Mia Forrest, Phoebe Cracknell, Daisy Purdie, Leila Roche, Sienna Harris	Sparkles Gymnastics Club	FIG ND GRP	Aero	10:55:00	11:25:00	11:55:00	12:00:00
Combined	SNR WP Final	~		Q2	0					11:17:00	11:37:00	11:57:00	12:02:00	
						806	Rosamund Brown, Jacey Wrigley, Pippa Stokes, Emily Street, Lillian Miller	Basingstoke Gym Club	FIG AG GRP	Aero	11:00:00	11:30:00	12:00:00	12:05:00
Combined	SNR WP Final	~		Q3	0					11:22:00	11:42:00	12:02:00	12:07:00	
						800	Lila Harris, Isobelle Davies, Olivia Lacey, Ffion Llewellyn, Alessia Polledri	Phoenix Dance and Gymnastics	FIG AG GRP	Aero	11:05:00	11:35:00	12:05:00	12:10:00
Combined	SNR WP Final	~		Q1	0					11:27:00	11:47:00	12:07:00	12:12:00	
						802	Lottie Janes, Niamh Austen, Megan Harvey, Nicole Wong, Maria Wong	Weston Aerobic Gymnastics Ltd	FIG AG GRP	Aero	11:10:00	11:40:00	12:10:00	12:15:00
Combined	SNR WG Final	~		Q1	0					11:32:00	11:52:00	12:12:00	12:17:00	
						522	Holly Johnston, Grace Garnham, Misty Chalcraft, Gladys Malunguza, Emily Kays	Sparkles Gymnastics Club	FIG JNR GRP	Aero	11:15:00	11:45:00	12:15:00	12:20:00
Combined	SNR WG Final	~		Q2	0					11:37:00	11:57:00	12:17:00	12:22:00	
						520	Aiva Bird-Haynes, Ellie Craven, Skyla Hickey, Olivia Moore, Amelia Thynne	Sparkles Gymnastics Club	FIG JNR GRP	Aero	11:20:00	11:50:00	12:20:00	12:25:00
Combined	SNR WG Final	~		Q3	0					11:42:00	12:02:00	12:22:00	12:27:00	
						0	Judging Time	-	J	11:25:00	11:55:00	12:25:00	12:30:00	
Combined	SNR MG Final	~		Q1	0					11:46:30	12:06:30	12:26:30	12:31:30	
						0	Judging Time	-	J	11:29:30	11:59:30	12:29:30	12:34:30	
Combined	SNR MG Final	~		Q2	0					11:51:00	12:11:00	12:31:00	12:36:00	
									Lunch				12:39:00	

Session 9

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
Combined	12-18 MP Final	~		0						12:24:00	12:44:00	13:04:00	13:09:00
					780	Lola Lawrence, Katie Ferris, Lauren Graham, Emily Blackhurst, Jessica Ryding	Weston Aerobic Gymnastics Ltd	FIG SNR GRP	Aero	12:07:00	12:37:00	13:07:00	13:12:00
Combined	12-18 MP Final	~		0						12:29:00	12:49:00	13:09:00	13:14:00
					872	Megan Harrison, Eliza Handley, Harriette Jones, Esther Rose Jones, Scarlett-Rose Price, Carys Owens, Taylor Sexton, Brianna Evans	Phoenix Dance and Gymnastics	AD ND	Aero	12:12:00	12:42:00	13:12:00	13:17:00
Combined	12-18 MxP Final	~		0						12:34:00	12:54:00	13:14:00	13:19:00
					870	Harper Newell, Shaya Alexander, Daisy Purdie, Leila Roche, Phoebe Cracknell, Mia Forrest, Charlotte Aston, Amelia Flynn	Sparkles, New Forest & Virtue	AD ND	Aero	12:17:00	12:47:00	13:17:00	13:22:00
Combined	12-18 MxP Final	~		0						12:39:00	12:59:00	13:19:00	13:24:00
					845	Sukki Hockham, Pippa Stokes, Emily Street, Phoebe Beckell, Lillian Miller, Jacey Wrigley, Chloe Zambon, Rosamund Brown	Sparkles & Basingstoke Gymnastics	AD AG	Aero	12:22:00	12:52:00	13:22:00	13:27:00
Combined	12-18 MxP Final	~		0						12:44:00	13:04:00	13:24:00	13:29:00
					840	Millie Higgins, Erin Hearne, Lacey Haworth, Natalia Wroniewicz, Emily Buckle, Jessica Mackay, Estelle Rodger, Isabelle Meikle	Sparkles, Virtue Gymnastics	AD AG	Aero	12:27:00	12:57:00	13:27:00	13:32:00
Combined	12-18 WP Final	~		0						12:49:00	13:09:00	13:29:00	13:34:00
					842	Lily Smith, Daisy Whitty, Tahlia Hickey, Isabella Winn, Olivia Mills, Anotidashe Malunguza, Chloe Mackie, Rebecca Reilly	Sparkles, Bulmershe, SUKI, Basingstoke Gym	AD AG	Aero	12:32:00	13:02:00	13:32:00	13:37:00
Combined	12-18 WP Final	~		0						12:54:00	13:14:00	13:34:00	13:39:00
					846	Ava Dryden, Rhianne Dean, Sophie Aston, Elsie Maidment, Laura Stoneham, Isla Burrow, Leah Povey, Lacey Povey	Bulmershe & New Forest	AD AG	Aero	12:37:00	13:07:00	13:37:00	13:42:00
Combined	12-18 WP Final	~		0						12:59:00	13:19:00	13:39:00	13:44:00
					844	Grace Eccles, Lottie Janes, Maria Wong, Maisie Clark, Lucille Carys, Georgia Miles, Sienna Harrison, Jenna Metford	LK & Weston Aerobic Gymnastics Ltd	AD AG	Aero	12:42:00	13:12:00	13:42:00	13:47:00
Combined	12-18 WP Final	~		0						13:04:00	13:24:00	13:44:00	13:49:00
					853	Brooke Streak, Scarlett Baker, Kiera Frankum, Abigail Price, Lucy Bumpass, Lily Jerrett, Megan Dillway, Hannah Foxon	Sparkles, Virtue & Basingstoke	AD JNR	Aero	12:47:00	13:17:00	13:47:00	13:52:00
Combined	12-18 WP Final	~		0						13:09:00	13:29:00	13:49:00	13:54:00
					850	Aiva Bird-Haynes, Ellie Craven, Skyla Hickey, Olivia Moore, Gladys Malunguza, Caitlin Phua, Lily Harris, Amelia Thynne	Sparkles & Basingstoke Gymnastics	AD JNR	Aero	12:52:00	13:22:00	13:52:00	13:57:00
Combined	12-18 WP Final	~		0						13:14:00	13:34:00	13:54:00	13:59:00
					851	Misty Chalcroft, Holly Johnston, Maya Trickett, Cloe Travers, Grace Garnham, Rosie Gofford, Sophie Jakes, Emily Kays	Sparkles, SUKI, Basingstoke, Virtue	AD JNR	Aero	12:57:00	13:27:00	13:57:00	14:02:00
Combined	12-18 WG Final	~		0						13:19:00	13:39:00	13:59:00	14:04:00
					855	Matilda Belbin, Lucy Whitfield, Lily-Jean Smith, Lauren Dean, Lowan Davies, Tia Abrams, Lucy Eccles, Melissa Campbell	LK, Weston & Phoenix	AD JNR	Aero	13:02:00	13:32:00	14:02:00	14:07:00
Combined	12-18 WG Final	~		0						13:24:00	13:44:00	14:04:00	14:09:00
					860	Emily Blackhurst, Jessica Ryding, Katie Ferris, Lauren Graham, Megan Meadows, Lily Duffy, Amelia Gelling, Freya Abrams	LK & Weston Aerobic Gymnastics Ltd	AD SNR	Aero	13:07:00	13:37:00	14:07:00	14:12:00
Combined	12-18 WG Final	~		0						13:29:00	13:49:00	14:09:00	14:14:00
					0	Judging Time	-	-	J	13:12:00	13:42:00	14:12:00	14:17:00
Combined	12-18 WG Final	~		0						13:33:30	13:53:30	14:13:30	14:18:30
					0	Judging Time	-	-	J	13:16:30	13:46:30	14:16:30	14:21:30
Combined	12-18 WG Final	~		0						13:38:00	13:58:00	14:18:00	14:23:00
					0	Judging Time	-	-	J	13:21:00	13:51:00	14:21:00	14:26:00
Combined	12-18 WG Final	~		0						13:42:30	14:02:30	14:22:30	14:27:30
					0	Judging Time	-	-	J	13:25:30	13:55:30	14:25:30	14:30:30
Combined	12-18 MG Final	~		0						13:47:00	14:07:00	14:27:00	14:32:00
					0	Judging Time	-	-	J	13:30:00	14:00:00	14:30:00	14:35:00
Combined	12-18 MG Final	~		0						13:51:30	14:11:30	14:31:30	14:36:30
					0	Judging Time	-	-	J	13:34:30	14:04:30	14:34:30	14:39:30

Aerobic Presentation Ceremony	14:49:30	15:05:15
Acrobatic Presentation Ceremony - 11-16 & 13-19	15:05:15	15:22:45
Aerobic Presentation Ceremony	15:22:45	15:31:30
Acrobatic Presentation Ceremony - 12-18 & Snr	15:31:30	15:47:15