



The 15th Heathrow Aerobic Gymnastics International Bracknell, GBR

29th 30th 31st May 2020

UK Invitation

Thursday, 06 February 2020

Dear Friends,

We are pleased to invite your Club to the Heathrow Aerobic Gymnastics Club, 15th Heathrow International Club Championships for all categories in Aerobic Gymnastics that will take place on 29th 30th 31st May 2020
The competition is to be held at Bracknell, Berkshire near London.

Please find conditions and rules detailed below:

Competition Venue:

Bracknell Sports and Leisure Centre, Bracknell, Berkshire, RG12 9SE, UK

Dates: 29th 30th 31st May 2020.

Technical Rules:

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Doping Control Rules
- Licence rules (except for non-competitive events)
- Media Rules
- Apparatus Norms
- FIG Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules *and subsequent decisions of the FIG Executive Committee*

In Addition:

- British Gymnastics Aerobic Gymnastics Competition Handbook Rules
- British Gymnastics RAC Rules

Categories & Ages:

- RAC: Pre-Foundation, Foundation, National Development, Group1, Group2, Seniors - IW / IM / Pairs / Mixed Pairs / Trios / Groups (GBR Rules)
- Foundation (9 Years): IW / IM / Pairs / Mixed Pairs / Trios / Groups (GBR Rules)
- FIG & NAC: National Development (10-11 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG - Rules)
- FIG & NAC: Age Group I – (Juniors 12-14 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG International Age Group Rules)
- FIG & NAC: Age Group 2 – (Juniors 15-17 years) IW / IM / Pairs / Mixed Pairs / Trios / Groups (FIG International Age Group Rules)
- FIG & NAC: Seniors – (18+ years) IW / IM / Mixed Pairs / Trios / Groups (FIG - Rules)

PROVISIONAL - Programme:

- **Friday 29th May** – All RAC; IW / IM / Pairs/ Mixed Pairs / Trios / Groups. NAC National Development; IW / IM / Pairs / Mixed Pairs / Trios / Groups.
- **Saturday 30th May – Qualifications:** FIG Group 1, FIG Group 2 & FIG Senior; IW / IM.
- *Qualifications are dependent on the number of entries in each age group and category - Finals will be on Sunday 31st May. (Any age group / category with insufficient entries for a qualification round will compete in finals only on **Sunday 31st May**)*
- **Sunday 31st May** – NAC Group 1, NAC Group 2 and NAC Seniors, FIG National Development; IW / IM / Pairs / Mixed Pairs / Trios / Groups.
- **Sunday 31st May, Finals:** FIG Group 1, FIG Group 2 & FIG Seniors; IW / IM / Pairs / Mixed Pairs / Trios / Groups.

Please note the provisional programme is provisional, and is dependent on the number of entries received. We reserve the right to adjust the provisional programme prior to publishing the final running order.

Floor:

- Gymnova FIG Accredited Aerobic Gymnastics Floor.
- NM201 08/10/2003,6630B

Entry fees:

IW/IM, PR, MP, TR, GR: £39.50 per person. Additional Entry: £18.50 per person.

Number of Participants:

Unlimited

Judging:

Each Club/Delegation must send 1 or 2 judges with a valid FIG Brevet, National Brevet, Regional or Club qualification . This applies to all clubs irrespective of the number of gymnasts entered and is relevant to each day a club has a gymnast competing. If a club does not have a qualified judge we would expect a club member to assist with time or line.

FIG Judging Panels:

Judges' Panels will conform to FIG COP configuration i.e. 4 Artistic, 4 Execution, 2 Difficulty and a Chair of Judges.

Costs:

The delegations have to cover themselves for travel expenses, accommodation, catering and entry fees. Heathrow Aerobics Gymnastics will not take responsibility for sickness and / or accident. Each participant and team member must be insured against these risks at their own expense.

100% Entry fees must be paid by the date of the nominative entry (1st April 2020):

Once entry fees have been received entry fees will not be reimbursed.

Payments:

Payments can be made online with a credit/debit card at the nominative stage. Please make any cheques payable to "Heathrow Aerobic Gymnastics Club".

Alternatively:**Please make your bank transfers to:**

Nat West Bank Ltd.

International Bank Account Number (IBAN) : GB63NWBK51812286165046

Bank Identification Code (BIC) : NWBKGB2L

NatWest Bank, 5 High Street Bracknell, Bracknell, Berkshire, RG12 1DH, United Kingdom.

Accommodation:

Option 1 - Hilton Hotel Bracknell, (5 minutes walking distance)

Bagshot Road,
Bracknell,
RG12 0QJ

Phone:0044-1344 424801

The invited participating federations must pay for the accommodation expenses of their delegation members.

A discount of 18% off of their Best Available Rate for the Heathrow Open. This special discount will be available until or until the allocated amount of rooms have been sold, whichever comes first. To book your stay, simply click on "Book Now" below and complete your reservation at your special group rate.

[Book Now](#)

Please note - rooms need to be booked ASAP - rooms will be allocated on a "first come, first served" basis.

You can book rooms at the special rate through a link provided by Hilton Hotels on the LOC website;

<http://eventsathilton.com/show/5e1dce4d0c1bfe3208703fac>

The Hilton Hotel is within walking distance of the venue and was used by all teams last year.

Option 2 - Grange Bracknell Hotel (20 minutes walking distance)

The Ring,
Bracknell,
RG12 1ED

Phone: 0044-1344 474 000

The invited participating federations must pay for the accommodation expenses of their delegation members.

Prices are for 28th 29st 30th 31st May 2020

Single or Double room for £70.00 per room per night (inclusive of breakfast and VAT).

Triple room for £80.00 per room per night (inclusive of breakfast and VAT).

Quad room for the rate of £90.00 per room per night (inclusive of breakfast and VAT).

Suites that have a lounge and a small kitchen. These can take up to 2 adults and 3 children. The rate for a suite is £125.00 per night (inclusive of breakfast and VAT).

Please note there is no Supplement for a Monday Tuesday order Wednesday when booking Suites rooms.

You can book rooms at the special rate; Guests can call or email quoting **290520H** to get one of the rooms on hold.

e-mail:bracknell.reservations@grangehotels.com

Anyone that wants to stay on the Monday add an additional £10.00 per night and for the Tuesday and/or Wednesday an additional £20.00 per night, inclusive of VAT. For anyone who is booking a suite for up to 5 people the rate of £125.00 per night will apply for every night.

Spectator Tickets:

Can be purchased from our Website at www.heathrowaerobicsgymnastics.co.uk

Deadlines:

- UK Entry closing date ... (Via our website) ... **1st April 2020.**
- Payment of Entry Fees ... (Via our website) ... **1st April 2020.**

All entries and payments must be made online via our Website.

www.heathrowaerobicsgymnastics.co.uk

Music:

Music for each routine will need to be uploaded on-line by; date TBC. Full details of this will be provided nearer the date. *This will be in addition to providing 1 music CD (appropriately labelled) for each routine at registration.*

Running Order and Entry Lists:

Running order and entry lists will be published on our Website as soon as possible.

Please note the provisional programme is just that, provisional, and is dependent on the number of entries received. We reserve the right to adjust the provisional programme prior to publishing the final running order.

We will distribute further information nearer to the competition date.

Mail: gary@heathrowaerobicsgymnastics.co.uk

Phone: 01344 488 885

Website: www.heathrowaerobicsgymnastics.co.uk

Kind Regards

Gary Jarvis
Heathrow Aerobic Gymnastics Club

Partners: Sentiva and NG Sportswear International Ltd.

