

Acrobatic and Aerobic British Championships 2024
Saturday

Accreditation/Registration
open 08:00:00

Prepare for march on (judges & gymnasts) 08:50:00 09:00:00
Competition opening 09:00:00 09:15:00

Session 2

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm up	Floorside	Perform
					365	Paulina Koralczyk	Heathrow Aerobic Gymnastics Club	NAC JNR IND W	Aero	08:10:00	08:40:00	09:10:00	09:15:00
Balance*	MP 11-16	Bromley Valley Gymnastics Centre	Oscar Green, Harry Macduff	80						08:32:00	08:52:00	09:12:00	09:17:00
					370	Jessica Reddy	Phoenix Dance and Gymnastics	NAC JNR IND W	Aero	08:14:30	08:44:30	09:14:30	09:19:30
Balance*	MP 11-16	Honiton Gymnastics Club	Coen Cooke , Oscar Felice	83						08:36:30	08:56:30	09:16:30	09:21:30
					373	Kyra Zorzy	Heathrow Aerobic Gymnastics Club	NAC JNR IND W	Aero	08:19:00	08:49:00	09:19:00	09:24:00
Dynamic	MxP 11-16	Hope Acrobatic Gymnastics Club	Logan Mallord, Ella Cooper	136						08:41:00	09:01:00	09:21:00	09:26:00
					372	Holly Williams	Phoenix Dance and Gymnastics	NAC JNR IND W	Aero	08:23:30	08:53:30	09:23:30	09:28:30
Dynamic	MxP 11-16	Salto Gymnastics Club	Ben Litchfield-Shaw, Chloe Gooden	130						08:45:30	09:05:30	09:25:30	09:30:30
					369	Abigail Price	Sparkles Gymnastics Club	NAC JNR IND W	Aero	08:28:00	08:58:00	09:28:00	09:33:00
Dynamic	MxP 11-16	Wakefield Gym Club	Lukas Wheat, Brooke Murphy	133						08:50:00	09:10:00	09:30:00	09:35:00
					357	Megan Dilliway	Basingstoke Gym Club	NAC JNR IND W	Aero	08:32:30	09:02:30	09:32:30	09:37:30
Balance*	WP 11-16	Flight Gymnastics Academy	Hannah Milliken, Kendra Louise Kernohan	900						08:54:30	09:14:30	09:34:30	09:39:30
					366	Isabelle Mcdonagh	Virtue movement co.	NAC JNR IND W	Aero	08:37:00	09:07:00	09:37:00	09:42:00
Balance*	WP 11-16	Honiton Gymnastics Club	Hallie Bennett, Lexie Wills	309						08:59:00	09:19:00	09:39:00	09:44:00
					350	Austeja Andruyte	Splitz Gym Club	NAC JNR IND W	Aero	08:41:30	09:11:30	09:41:30	09:46:30
Balance*	WP 11-16	Kernow Academy	Bella Goldring, Sevi-Drew Richardson	303						09:03:30	09:23:30	09:43:30	09:48:30
					353	Anna-Maria Belstoyneva	Heathrow Aerobic Gymnastics Club	NAC JNR IND W	Aero	08:46:00	09:16:00	09:46:00	09:51:00
Balance*	WP 11-16	Kilmarnock Acro GC	Olivia Smith, Macey Dayer	306						09:08:00	09:28:00	09:48:00	09:53:00
					361	Ellie-May Hutchings	Suki Aerobics Gym Club	NAC JNR IND W	Aero	08:50:30	09:20:30	09:50:30	09:55:30
Balance*	WP 11-16	Spirit Gymnastics Academy	Imogen Falconer, Emily Damon	300						09:12:30	09:32:30	09:52:30	09:57:30
					359	Kiera Frankum	Virtue movement co.	NAC JNR IND W	Aero	08:55:00	09:25:00	09:55:00	10:00:00
Dynamic	WG 11-16	Acrobay GC	Emma Burns, Georgia Haddow, Alana Mcclymont	176						09:17:00	09:37:00	09:57:00	10:02:00
					355	Misty Chalcraft	Sparkles Gymnastics Club	NAC JNR IND W	Aero	08:59:30	09:29:30	09:59:30	10:04:30
Dynamic	WG 11-16	Salto Gymnastics Club	Chloe O'Neill, Megan Allen, Jessica Wyncoll	180						09:21:30	09:41:30	10:01:30	10:06:30
					352	Scarlett Baker	Sparkles Gymnastics Club	NAC JNR IND W	Aero	09:04:00	09:34:00	10:04:00	10:09:00
Dynamic	WG 11-16	Heathrow Gym Club	Grace White, Nahla Gillette, Julia Pietrusa	192						09:26:00	09:46:00	10:06:00	10:11:00
					351	Shriya Antil	Heathrow Aerobic Gymnastics Club	NAC JNR IND W	Aero	09:08:30	09:38:30	10:08:30	10:13:30
Dynamic	WG 11-16	Spirit Gymnastics Academy	Amelie Broks, Lexi Coleman, Lana Cook	164						09:30:30	09:50:30	10:10:30	10:15:30
					358	Hannah Foxon	Basingstoke Gym Club	NAC JNR IND W	Aero	09:13:00	09:43:00	10:13:00	10:18:00
Dynamic	WG 11-16	The Triangle Centre	Elly Westphal, Antonia Barugh, Maile-Annie McCormick	160						09:35:00	09:55:00	10:15:00	10:20:00
					354	Ella Buckley	Phoenix Dance and Gymnastics	NAC JNR IND W	Aero	09:17:30	09:47:30	10:17:30	10:22:30
Dynamic	WG 11-16	Acrobay GC	Imara Beattie, Lily McHale, Khloe Cameron	168						09:39:30	09:59:30	10:19:30	10:24:30
					356	Lucy Chroston	LK Aerobic Gymnastics	NAC JNR IND W	Aero	09:22:00	09:52:00	10:22:00	10:27:00
Dynamic	WG 11-16	Heathrow Gym Club	Julia Snowyda, Natalia Goulding-Laing, Nicol Zybala	196						09:44:00	10:04:00	10:24:00	10:29:00
					364	Abigail Judson	Basingstoke Gym Club	NAC JNR IND W	Aero	09:26:30	09:56:30	10:26:30	10:31:30
Dynamic	WG 11-16	Wakefield Gym Club	Caitlin Chester, Grace Gallagher, Ava Foreman	184						09:48:30	10:08:30	10:28:30	10:33:30
					371	Maya Trickett	Suki Aerobics Gym Club	NAC JNR IND W	Aero	09:31:00	10:01:00	10:31:00	10:36:00
Dynamic	WG 11-16	Acrobay GC	Skye Archibald, Kamila Denicka, Roxie Kemp	172						09:53:00	10:13:00	10:33:00	10:38:00
					360	Alicia Gushlow	Virtue movement co.	NAC JNR IND W	Aero	09:35:30	10:05:30	10:35:30	10:40:30
Balance*	MG 11-16	Southampton Gym Club	Olly Clarke, Charlie Fyvie Rae, Rory Le Bas, Ethan Parker	90						09:57:30	10:17:30	10:37:30	10:42:30
					362	Sophie Jakes	Basingstoke Gym Club	NAC JNR IND W	Aero	09:40:00	10:10:00	10:40:00	10:45:00
J	-	-		-						10:02:00	10:22:00	10:42:00	10:47:00
					368	Kyra O'Brien	LK Aerobic Gymnastics	NAC JNR IND W	Aero	09:43:30	10:13:30	10:43:30	10:48:30
J	-	-								10:05:30	10:25:30	10:45:30	10:50:30
					363	Lily Jerrett	Sparkles Gymnastics Club	NAC JNR IND W	Aero	09:47:00	10:17:00	10:47:00	10:52:00
J	-	-								10:09:00	10:29:00	10:49:00	10:54:00
					367	Olivia McEwen	Virtue movement co.	NAC JNR IND W	Aero	09:50:30	10:20:30	10:50:30	10:55:30
Break													10:57:30

Session 3

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
					383	Meegan Mortimer	New Forest Aerobic Gymnastics	NAC SNR IND W	Aero	10:02:30	10:32:30	11:02:30	11:07:30
Dynamic	MP 13-19	Spelthorne Gymnastics	Owen Nickless, Sidney Baker	120						10:24:30	10:44:30	11:04:30	11:09:30
					380	Teagan Allen	Virtue movement co.	NAC SNR IND W	Aero	10:07:00	10:37:00	11:07:00	11:12:00
Dynamic	MxP 13-19	Spelthorne Gymnastics	Harry Norman, Emily Eales	113						10:29:00	10:49:00	11:09:00	11:14:00
					381	Harmony Hamid	Suki Aerobics Gym Club	NAC SNR IND W	Aero	10:11:30	10:41:30	11:11:30	11:16:30
Dynamic	MxP 13-19	Richmond Gymnastics Assoc.	Toby Cooper-Driver, Leela Were-Ramini	110						10:33:30	10:53:30	11:13:30	11:18:30
					382	Naomi Morgan	Virtue movement co.	NAC SNR IND W	Aero	10:16:00	10:46:00	11:16:00	11:21:00
Balance	WP 13-19	King Edmund	Polly Maggs, Lila Dyer-Michael	909						10:38:00	10:58:00	11:18:00	11:23:00
					384	Hollie O'Toole	Heathrow Aerobic Gymnastics Club	NAC SNR IND W	Aero	10:21:00	10:51:00	11:21:00	11:26:00
Balance	WP 13-19	Evoke Gymnastics	Lydia Mulvey, Jessica Flay	30						10:43:00	11:03:00	11:23:00	11:28:00
					385	Georgia Piere	Weston Aerobic Gymnastics Ltd	NAC SNR IND W	Aero	10:26:00	10:56:00	11:26:00	11:31:00
Dynamic	WG 13-19	Spelthorne Gymnastics	Olivia Norfolk, Isabel Norfolk, Dollie Holt	265						10:48:00	11:08:00	11:28:00	11:33:00
					710	Lucy Chroston, Kyra O'Brien	LK Aerobic Gymnastics	NAC JNR PR	Aero	10:30:30	11:00:30	11:30:30	11:35:30
Dynamic	WG 13-19	Dynamic Gymnastics Academy	Rhea Scholey, Lily Schoneville, Anna Reid	254						10:52:30	11:12:30	11:32:30	11:37:30
					711	Chloe Mackie, Maya Trickett	Suki Aerobics Gym Club	NAC JNR PR	Aero	10:35:00	11:05:00	11:35:00	11:40:00
Dynamic	WG 13-19	Spelthorne Gymnastics	Abi Read, Ruby Bray, Emma Farraj	261						10:57:00	11:17:00	11:37:00	11:42:00
					712	Imigen Wilmott, Faye Deuvall	Weston Aerobic Gymnastics Ltd	NAC JNR PR	Aero	10:39:30	11:09:30	11:39:30	11:44:30
Dynamic	WG 13-19	South Tyneside Gym Club	Ellie Broadbent, Megan Neal, Isabel Armstrong	269						11:01:30	11:21:30	11:41:30	11:46:30
					681	Amy Bartlett, Harriet Watson, Kaitlyn Flint	Splitz Gym Club	NAC AG TR	Aero	10:44:00	11:14:00	11:44:00	11:49:00
Dynamic	WG 13-19	Acrobay GC	Scarlett Haldane, Emma Nelson, Ella Gracie	250						11:06:00	11:26:00	11:46:00	11:51:00
					675	Lily Smith, Mishela Kostovska, Daisy Whitty	Sparkles Gymnastics Club	NAC AG TR	Aero	10:48:30	11:18:30	11:48:30	11:53:30
Dynamic	WG 13-19	Deerness Gymnastics Club	Anya Laidler, Lucy Wealleans, Anna Barron	257						11:10:30	11:30:30	11:50:30	11:55:30
					670	Bella Vasa, Tia Allan, Estelle Rodger	Virtue movement co.	NAC AG TR	Aero	10:53:00	11:23:00	11:53:00	11:58:00
Balance	MG 13-19	Spelthorne Gymnastics	Ralph White, Joshua Lee, Archie Collier, Lucas Mcdermott	100						11:15:00	11:35:00	11:55:00	12:00:00
					676	Emily Buckle, Lily Stocker, Jessica Mackay	Sparkles Gymnastics Club	NAC AG TR	Aero	10:58:00	11:28:00	11:58:00	12:03:00
Dynamic	MP Senior	Deerness Gymnastics Club	Jake Palmer, Aaron Grealley	10						11:20:00	11:40:00	12:00:00	12:05:00
					673	Mary-Ann Perrin, Vanessa Sereda, Isabelle Meikle	Virtue movement co.	NAC AG TR	Aero	11:02:30	11:32:30	12:02:30	12:07:30
Balance	WP Senior	Southampton Gym Club	Lola Robertson, Lowri Hegan	150						11:24:30	11:44:30	12:04:30	12:09:30
					682	Gracie Lynch, Rosie Davis, Khloe Miller	Splitz Gym Club	NAC AG TR	Aero	11:07:30	11:37:30	12:07:30	12:12:30
Balance	WP Senior	Dynamic Gymnastics Academy	Emma Logan, Gemma Russell	153						11:29:30	11:49:30	12:09:30	12:14:30
					677	Lacey Povey, Tahlia Hickey, Bella Bunce	Bulmershe Gym Club	NAC AG TR	Aero	11:12:30	11:42:30	12:12:30	12:17:30
Balance	WP Senior	King Edmund	Esme Mathias, Natalia Gilbert	906						11:34:30	11:54:30	12:14:30	12:19:30
					679	Krisztina Hartley, Kiera Hartley, Ebony Bennett	Bulmershe Gym Club	NAC AG TR	Aero	11:17:30	11:47:30	12:17:30	12:22:30
Balance	WG Senior	Richmond Gymnastics Assoc.	Michaela Cook, Amber Harvey, Sophia Gold	284						11:39:30	11:59:30	12:19:30	12:24:30
					450	Scarlett Baker, Lucy Bumpass, Abigail Price	Sparkles Gymnastics Club	NAC JNR TR	Aero	11:22:30	11:52:30	12:22:30	12:27:30
Dynamic	WG Senior	Southampton Gym Club	Libby Batstone, Lucy Hodgson, Alba Robbins Natalias	280						11:44:30	12:04:30	12:24:30	12:29:30
					451	Matilda Belbin, Lauren Dean, Lucy Whitfield	Weston Aerobic Gymnastics Ltd	NAC JNR TR	Aero	11:27:00	11:57:00	12:27:00	12:32:00
Dynamic	WG Senior	Dynamic Gymnastics Academy	Karla Hillcoat, Tia Kidd, Emillie Keenan	288						11:49:00	12:09:00	12:29:00	12:34:00
					459	Abigail Judson, Hannah Foxon, Sophie Jakes	Basingstoke Gym Club	NAC JNR TR	Aero	11:31:30	12:01:30	12:31:30	12:36:30
Dynamic	MG Senior	Tigers Acrobatic Gymnastics	Hector Kinghorn, Harry Hole, Harley Curtis-Lawrence, Kian Hawkes	145						11:53:30	12:13:30	12:33:30	12:38:30
					455	Imigen Wilmott, Poppy Belbin, Erin Richards	Weston Aerobic Gymnastics Ltd	NAC JNR TR	Aero	11:36:00	12:06:00	12:36:00	12:41:00
Balance	MG Senior	Richmond Gymnastics Assoc.	Louis Alexander, Freddie Turner, Samuel Ditchburn, Rex Booth	140						11:58:00	12:18:00	12:38:00	12:43:00
					646	Kaitlyn Flint, Harriet Watson, Khloe Miller, Amy Bartlett	Splitz Gym Club	NAC AG GRP	Aero	11:41:00	12:11:00	12:41:00	12:46:00
J	-	-	Judging Time	-						12:03:00	12:23:00	12:43:00	12:48:00
					640	Hannah Lewis-Salmon, Blancka Sobiecka, Lily Henderson	LK Aerobic Gymnastics	NAC AG GRP	Aero	11:44:30	12:14:30	12:44:30	12:49:30
J	-	-	Judging Time	-						12:06:30	12:26:30	12:46:30	12:51:30
					641	Mishela Kostovska, Emily Buckle, Natalia Wroniewicz, Jessica Mackay, Lily Stocker	Sparkles Gymnastics Club	NAC AG GRP	Aero	11:48:00	12:18:00	12:48:00	12:53:00
J	-	-	Judging Time	-						12:10:00	12:30:00	12:50:00	12:55:00
					430	Scarlett Baker, Lucy Bumpass, Kiera Frankum, Abigail Price, Lily Jerrett	Sparkles Gymnastics Club	NAC JNR GRP	Aero	11:51:30	12:21:30	12:51:30	12:56:30

Lunch

12:58:30

Aerobic Presentation Ceremony - NAC Individuals & Partnerships

13:08:30

13:20:45

Session 4

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
Dynamic	MP 12-18	Splitz Gym Club	Archie Pickles, Samuel Austin	40						12:43:30	13:03:30	13:23:30	13:28:30
					563	Lucy Porter	Basingstoke Gym Club	FND IND W	Aero	12:26:00	12:56:00	13:26:00	13:31:00
Dynamic	MP 12-18	Tigers Acrobatic Gymnastics	Coby Manley, Fraser Kerr-Jones	43						12:48:00	13:08:00	13:28:00	13:33:00
					551	Daisy Coggins	Splitz Gym Club	FND IND W	Aero	12:30:30	13:00:30	13:30:30	13:35:30
Dynamic	MxP 12-18	Tigers Acrobatic Gymnastics	Maxim Mueller, Lena Bozic	7						12:52:30	13:12:30	13:32:30	13:37:30
					565	Erin Smith	LK Aerobic Gymnastics	FND IND W	Aero	12:35:00	13:05:00	13:35:00	13:40:00
Dynamic	MxP 12-18	Richmond Gymnastics Assoc.	Christoph Tilroe, Louisa Szalacsi	1						12:57:00	13:17:00	13:37:00	13:42:00
					552	Isabelle Cooper	Weston Aerobic Gymnastics Ltd	FND IND W	Aero	12:39:30	13:09:30	13:39:30	13:44:30
Dynamic	MxP 12-18	Evoke Gymnastics	Kailen Hardy-Heavens, Ruby Wyatt	4						13:01:30	13:21:30	13:41:30	13:46:30
					568	Harriet Wilce-Whitehead	LK Aerobic Gymnastics	FND IND W	Aero	12:44:00	13:14:00	13:44:00	13:49:00
Balance	WP 12-18	Wakefield Gym Club	Madeline Bedford, Madeleine Pang	53						13:06:00	13:26:00	13:46:00	13:51:00
					562	Hettie-Rose Medway	Suki Aerobics Gym Club	FND IND W	Aero	12:49:00	13:19:00	13:49:00	13:54:00
Balance	WP 12-18	Heathrow Gym Club	Isobel Davies, Sadie Rickerby	68						13:11:00	13:31:00	13:51:00	13:56:00
					561	Poppy Johnson	Weston Aerobic Gymnastics Ltd	FND IND W	Aero	12:54:00	13:24:00	13:54:00	13:59:00
Balance	WP 12-18	Spelthorne Gymnastics	Amelie Noyce, Evie Jagers	59						13:16:00	13:36:00	13:56:00	14:01:00
					564	Jessica Prescott	Suki Aerobics Gym Club	FND IND W	Aero	12:59:00	13:29:00	13:59:00	14:04:00
Balance	WP 12-18	Acrobay GC	Caitlin Mackinnon, Myla Love	50						13:21:00	13:41:00	14:01:00	14:06:00
					550	Jessica Clacy	Basingstoke Gym Club	FND IND W	Aero	13:04:00	13:34:00	14:04:00	14:09:00
Balance	WP 12-18	South Tyneside Gym Club	Jessica Hodgson, Keira Redford	62						13:26:00	13:46:00	14:06:00	14:11:00
					556	Eliza Handley	Phoenix Dance and Gymnastics	FND IND W	Aero	13:09:00	13:39:00	14:09:00	14:14:00
Balance	WP 12-18	Heathrow Gym Club	Cassia Quinn, Lauryn Neighbour	71						13:31:00	13:51:00	14:11:00	14:16:00
					570	Sophie Wright	Basingstoke Gym Club	FND IND W	Aero	13:14:00	13:44:00	14:14:00	14:19:00
Balance	WP 12-18	South Tyneside Gym Club	Millie Jamieson, Alanna Cutts	65						13:36:00	13:56:00	14:16:00	14:21:00
					553	Ella Devine-Moore	Heathrow Aerobic Gymnastics Club	FND IND W	Aero	13:19:00	13:49:00	14:19:00	14:24:00
Balance	WP 12-18	Richmond Gymnastics Assoc.	Phoebe Keung, Abigail Smithson	56						13:41:00	14:01:00	14:21:00	14:26:00
					567	Binky Tydeman	Sparkles Gymnastics Club	FND IND W	Aero	13:24:00	13:54:00	14:24:00	14:29:00
Balance	WP 12-18	Honiton Gymnastics Club	Emma Hay, Daisy Moore	74						13:46:00	14:06:00	14:26:00	14:31:00
					559	Patricia Andreea Ivan	LK Aerobic Gymnastics	FND IND W	Aero	13:29:00	13:59:00	14:29:00	14:34:00
Dynamic	WG 12-18	Southampton Gym Club	Amelia Chase, Chloe Green, Ella Clarke	208						13:51:00	14:11:00	14:31:00	14:36:00
					566	Myla Tucker	Weston Aerobic Gymnastics Ltd	FND IND W	Aero	13:33:30	14:03:30	14:33:30	14:38:30
Dynamic	WG 12-18	Deerness Gymnastics Club	Flori Fort, Bethany Blackburn, Lilli Gardner	228						13:55:30	14:15:30	14:35:30	14:40:30
					569	Olivia Woodcock	Sparkles Gymnastics Club	FND IND W	Aero	13:38:00	14:08:00	14:38:00	14:43:00
Dynamic	WG 12-18	Wakefield Gym Club	Luciana Gillard, Lilly Norris, Layla Wilsher	212						14:00:00	14:20:00	14:40:00	14:45:00
					557	Mia Henderson	LK Aerobic Gymnastics	FND IND W	Aero	13:42:30	14:12:30	14:42:30	14:47:30
Dynamic	WG 12-18	South Tyneside Gym Club	Hannah Smith, Tamzin Young, Olivia Handley	236						14:04:30	14:24:30	14:44:30	14:49:30
					560	Ella Jenkins-Breen	LK Aerobic Gymnastics	FND IND W	Aero	13:47:00	14:17:00	14:47:00	14:52:00
Dynamic	WG 12-18	Wakefield Gym Club	Sophie Penny, Eva Roddis, Mailey Brown	216						14:09:00	14:29:00	14:49:00	14:54:00
					555	Delilah Gater	Sparkles Gymnastics Club	FND IND W	Aero	13:51:30	14:21:30	14:51:30	14:56:30
Dynamic	WG 12-18	Southampton Gym Club	Poppy Chance, Lois Abraham, Isabelle Pearce	204						14:13:30	14:33:30	14:53:30	14:58:30
					558	Emma Idzinska	Heathrow Aerobic Gymnastics Club	FND IND W	Aero	13:56:00	14:26:00	14:56:00	15:01:00
Dynamic	WG 12-18	King Edmund	Olivia Agbabi, Ailsa Parsons, Charlotte Incedon	903						14:18:00	14:38:00	14:58:00	15:03:00
					554	Lottie Dighton	Bulmershe Gym Club	FND IND W	Aero	14:00:30	14:30:30	15:00:30	15:05:30
Dynamic	WG 12-18	Spelthorne Gymnastics	Gemma Biddle, Alexis Biddle, Sophie Noyce	232						14:22:30	14:42:30	15:02:30	15:07:30
					773	Jessica Clacy, Lucy Porter, Mimi Anderson	Basingstoke Gym Club	FND TR	Aero	14:05:00	14:35:00	15:05:00	15:10:00
Dynamic	WG 12-18	Dynamic Gymnastics Academy	Beth Gilroy, Lily Schoneville, Amelia Davidson	224						14:27:00	14:47:00	15:07:00	15:12:00
					770	Olivia Woodcock, Delilah Gater, Maisie Binding	Sparkles Gymnastics Club	FND TR	Aero	14:09:30	14:39:30	15:09:30	15:14:30
Dynamic	WG 12-18	Southampton Gym Club	Louella Churcher, Chloe Farbrother, Alys Morgan	200						14:31:30	14:51:30	15:11:30	15:16:30
					775	Daisy Coggins, Evelyn Palmer, Ivy Roth	Splitz Gym Club	FND TR	Aero	14:14:00	14:44:00	15:14:00	15:19:00
Dynamic	WG 12-18	Richmond Gymnastics Assoc.	Chloe Bartholomew, Charlotte Dawson, Isla Vos	220						14:36:00	14:56:00	15:16:00	15:21:00
					772	Poppy Johnson, Myla Tucker, Isabelle Cooper	Weston Aerobic Gymnastics Ltd	FND TR	Aero	14:18:30	14:48:30	15:18:30	15:23:30
Dynamic	WG 12-18	Heathrow Gym Club	Naiomi Baker-Lopes, Keira Follett, Minuli Sohansa Mudiyansele	240						14:40:30	15:00:30	15:20:30	15:25:30
					820	Patricia Andreea Ivan, Harriet Wilce-Whitehead, Mia Henderson, Erin Smith, Ella Jenkins-Breen	LK Aerobic Gymnastics	FND GRP	Aero	14:23:00	14:53:00	15:23:00	15:28:00
Balance	MG 12-18	Deerness Gymnastics Club	Ryan Lannon, Edward Payne, Ben Wardle, Jayden Humphrey	20						14:45:00	15:05:00	15:25:00	15:30:00
					490	Nabil Rami Adam Gamea	Heathrow Aerobic Gymnastics Club	FIG ND IND M	Aero	14:28:00	14:58:00	15:28:00	15:33:00
Balance	MG 12-18	Heathrow Gym Club	Samuel Ajayi, Jeremiah Ajayi, Jacob Wall, Tristan Girard-Reydet	25						14:50:00	15:10:00	15:30:00	15:35:00
					320	Anton Bilokurov	Heathrow Aerobic Gymnastics Club	FIG AG IND M	Aero	14:33:00	15:03:00	15:33:00	15:38:00
Break													15:40:00

Session 5

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
Balance	MP 13-19	Spelthorne Gymnastics	Owen Nickless, Sidney Baker	120						15:05:00	15:25:00	15:45:00	15:50:00
					701	Isabelle Bowers	Suki Aerobics Gym Club	FIG ND IND W	Aero	14:48:00	15:18:00	15:48:00	15:53:00
Balance	MxP 13-19	Richmond Gymnastics Assoc.	Toby Cooper-Driver, Leela Were-Ramini	110						15:10:00	15:30:00	15:50:00	15:55:00
					512	Mia Forrest	Sparkles Gymnastics Club	FIG ND IND W	Aero	14:53:00	15:23:00	15:53:00	15:58:00
Balance	MxP 13-19	Spelthorne Gymnastics	Harry Norman, Emily Eales	113						15:15:00	15:35:00	15:55:00	16:00:00
					702	Alina Ciobanu	Virtue movement co.	FIG ND IND W	Aero	14:58:00	15:28:00	15:58:00	16:03:00
Dynamic	WP 13-19	King Edmund	Polly Maggs, Lila Dyer-Michael	909						15:20:00	15:40:00	16:00:00	16:05:00
					513	Sienna Harris	Sparkles Gymnastics Club	FIG ND IND W	Aero	15:02:30	15:32:30	16:02:30	16:07:30
Dynamic	WP 13-19	Evoke Gymnastics	Lydia Mulvey, Jessica Flay	30						15:24:30	15:44:30	16:04:30	16:09:30
					700	Charlotte Aston	New Forest Aerobic Gymnastics	FIG ND IND W	Aero	15:07:00	15:37:00	16:07:00	16:12:00
Balance	WG 13-19	Acrobay GC	Scarlett Haldane, Emma Nelson, Ella Gracie	250						15:29:00	15:49:00	16:09:00	16:14:00
					511	Phoebe Cracknell	Sparkles Gymnastics Club	FIG ND IND W	Aero	15:12:00	15:42:00	16:12:00	16:17:00
Balance	WG 13-19	Deerness Gymnastics Club	Anya Laidler, Lucy Wealleans, Anna Barron	257						15:34:00	15:54:00	16:14:00	16:19:00
					733	Megan Harrison, Esther Rose Jones, Harriette Jones	Phoenix Dance and Gymnastics	FIG ND TR	Aero	15:17:00	15:47:00	16:17:00	16:22:00
Balance	WG 13-19	Spelthorne Gymnastics	Olivia Norfolk, Isabel Norfolk, Dollie Holt	265						15:39:00	15:59:00	16:19:00	16:24:00
					730	Alina Ciobanu, Taliya Alleyne-Gumbs, Teniola Olagbegi	Virtue movement co.	FIG ND TR	Aero	15:22:00	15:52:00	16:22:00	16:27:00
Balance	WG 13-19	South Tyneside Gym Club	Ellie Broadbent, Megan Neal, Isabel Armstrong	269						15:44:00	16:04:00	16:24:00	16:29:00
					720	Francesca Isabel Vargas Calligaro, Nabil Rami Adam Game	Heathrow Aerobic Gymnastics Club	FIG AG PR	Aero	15:27:00	15:57:00	16:27:00	16:32:00
Balance	WG 13-19	Spelthorne Gymnastics	Abi Read, Ruby Bray, Emma Farraj	261						15:49:00	16:09:00	16:29:00	16:34:00
					531	Olha Bilokurova	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	15:32:00	16:02:00	16:32:00	16:37:00
Balance	WG 13-19	Dynamic Gymnastics Academy	Rhea Scholey, Lily Schoneville, Anna Reid	254						15:54:00	16:14:00	16:34:00	16:39:00
					540	Evie-Mae Sangster	Suki Aerobics Gym Club	FIG AG IND W	Aero	15:37:00	16:07:00	16:37:00	16:42:00
Dynamic	MG 13-19	Spelthorne Gymnastics	Ralph White, Joshua Lee, Archie Collier, Lucas Mcdermott	100						15:59:00	16:19:00	16:39:00	16:44:00
					537	Olivia Mills	Sparkles Gymnastics Club	FIG AG IND W	Aero	15:41:30	16:11:30	16:41:30	16:46:30
Balance	MP Senior	Deerness Gymnastics Club	Jake Palmer, Aaron Grealley	10						16:03:30	16:23:30	16:43:30	16:48:30
					532	Rosamund Brown	Basingstoke Gym Club	FIG AG IND W	Aero	15:46:30	16:16:30	16:46:30	16:51:30
Dynamic	WP Senior	King Edmund	Esme Mathias, Natalia Gilbert	906						16:08:30	16:28:30	16:48:30	16:53:30
					530	Maci-Rae Beaver	Weston Aerobic Gymnastics Ltd	FIG AG IND W	Aero	15:51:00	16:21:00	16:51:00	16:56:00
Dynamic	WP Senior	Dynamic Gymnastics Academy	Emma Logan, Gemma Russell	153						16:13:00	16:33:00	16:53:00	16:58:00
					534	Maisie Clark	LK Aerobic Gymnastics	FIG AG IND W	Aero	15:55:30	16:25:30	16:55:30	17:00:30
Dynamic	WP Senior	Southampton Gym Club	Lola Robertson, Lowri Hegan	150						16:17:30	16:37:30	16:57:30	17:02:30
					538	Amelia Pienio	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	16:00:00	16:30:00	17:00:00	17:05:00
Balance	WG Senior	Dynamic Gymnastics Academy	Karla Hillcoat, Tia Kidd, Emillie Keenan	288						16:22:00	16:42:00	17:02:00	17:07:00
					485	Sophie Aston	New Forest Aerobic Gymnastics	FIG AG IND W	Aero	16:05:00	16:35:00	17:05:00	17:10:00
Balance	WG Senior	Southampton Gym Club	Libby Batstone, Lucy Hodgson, Alba Robbins Natalias	280						16:27:00	16:47:00	17:07:00	17:12:00
					477	Phoebe Beckell	Basingstoke Gym Club	FIG AG IND W	Aero	16:10:00	16:40:00	17:10:00	17:15:00
Balance	WG Senior	Richmond Gymnastics Assoc.	Michaela Cook, Amber Harvey, Sophia Gold	284						16:32:00	16:52:00	17:12:00	17:17:00
					543	Chloe Zambon	Sparkles Gymnastics Club	FIG AG IND W	Aero	16:15:00	16:45:00	17:15:00	17:20:00
Balance	MG Senior	Richmond Gymnastics Assoc.	Louis Alexander, Freddie Turner, Samuel Ditchburn, Rex Booth	140						16:37:00	16:57:00	17:17:00	17:22:00
					536	Anotidashe Malunguza	Sparkles Gymnastics Club	FIG AG IND W	Aero	16:20:00	16:50:00	17:20:00	17:25:00
Dynamic	MG Senior	Tigers Acrobatic Gymnastics	Hector Kinghorn, Harry Hole, Harley Curtis-Lawrence, Kian Hawkes	145						16:42:00	17:02:00	17:22:00	17:27:00
					483	Abigail Bridget Witt-Gomes	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	16:24:30	16:54:30	17:24:30	17:29:30
Break													17:31:30

Session 6

Panel A - Acrobatics					Panel B - Aerobics					Timings			
Performance	Competition	Club	Gymnast/s	Bib No.	Bib No.	Gymnast/s	Club	Competition	Performance	Stretch	Warm-up	Floorside	Perform
Balance	MP 12-18	Tigers Acrobatic Gymnastics	Coby Manley, Fraser Kerr-Jones	43	487	Ava Dryden	New Forest Aerobic Gymnastics	FIG AG IND W	Aero	16:56:30	17:16:30	17:36:30	17:41:30
Balance	MP 12-18	Splitz Gym Club	Archie Pickles, Samuel Austin	40	535	Ffion Llewellyn	Phoenix Dance and Gymnastics	FIG AG IND W	Aero	16:39:30	17:09:30	17:39:30	17:44:30
Balance	MxP 12-18	Evoke Gymnastics	Kailen Hardy-Heavens, Ruby Wyatt	4	541	Laura Stoneham	Bulmershe Gym Club	FIG AG IND W	Aero	17:01:30	17:21:30	17:41:30	17:46:30
Balance	MxP 12-18	Richmond Gymnastics Assoc.	Christoph Tilroe, Louisa Szalacsi	1	473	Sukki Hockham	Basingstoke Gym Club	FIG AG IND W	Aero	16:44:30	17:14:30	17:44:30	17:49:30
Balance	MxP 12-18	Tigers Acrobatic Gymnastics	Maxim Mueller, Lena Bozic	7	486	Rhianne Dean	New Forest Aerobic Gymnastics	FIG AG IND W	Aero	17:06:30	17:26:30	17:46:30	17:51:30
Dynamic	WP 12-18	South Tyneside Gym Club	Millie Jamieson, Alanna Cutts	65	469	Niamh Austen	Weston Aerobic Gymnastics Ltd	FIG AG IND W	Aero	16:49:30	17:19:30	17:49:30	17:54:30
Dynamic	WP 12-18	South Tyneside Gym Club	Jessica Hodgson, Keira Redford	62	539	Leah Povey	Bulmershe Gym Club	FIG AG IND W	Aero	17:11:30	17:31:30	17:51:30	17:56:30
Dynamic	WP 12-18	Heathrow Gym Club	Isobel Davies, Sadie Rickerby	68	533	Lucille Carys	Weston Aerobic Gymnastics Ltd	FIG AG IND W	Aero	16:54:30	17:24:30	17:54:30	17:59:30
Dynamic	WP 12-18	Spelthorne Gymnastics	Amelie Noyce, Evie Jagers	59	482	Sofia Reis	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	17:16:30	17:36:30	17:56:30	18:01:30
Dynamic	WP 12-18	Wakefield Gym Club	Madeline Bedford, Madeleine Pang	53	542	Francesca Isabel Vargas Calligaro	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	16:59:30	17:29:30	17:59:30	18:04:30
Dynamic	WP 12-18	Heathrow Gym Club	Cassia Quinn, Lauryn Neighbour	71	481	Amelia Dispinseri	Heathrow Aerobic Gymnastics Club	FIG AG IND W	Aero	17:21:30	17:41:30	18:01:30	18:06:30
Dynamic	WP 12-18	Richmond Gymnastics Assoc.	Phoebe Keung, Abigail Smithson	56	470	Grace Eccles	LK Aerobic Gymnastics	FIG AG IND W	Aero	17:04:00	17:34:00	18:04:00	18:09:00
Dynamic	WP 12-18	Acrobay GC	Caitlin Mackinnon, Myla Love	50	344	Felix Smith	Basingstoke Gym Club	FIG JNR IND M	Aero	17:26:00	17:46:00	18:06:00	18:11:00
Dynamic	WP 12-18	Honiton Gymnastics Club	Emma Hay, Daisy Moore	74	500	Jack Harvey	Weston Aerobic Gymnastics Ltd	FIG JNR IND M	Aero	17:08:30	17:38:30	18:08:30	18:13:30
Balance	WG 12-18	South Tyneside Gym Club	Hannah Smith, Tamzin Young, Olivia Handley	236	501	George Janes	Sparkles Gymnastics Club	FIG JNR IND M	Aero	17:30:30	17:50:30	18:10:30	18:15:30
Balance	WG 12-18	Heathrow Gym Club	Naiomi Baker-Lopes, Keira Follett, Minuli Sohasna Mudiyansele	240	341	Matthew Gogol	Sparkles Gymnastics Club	FIG JNR IND M	Aero	17:13:00	17:43:00	18:13:00	18:18:00
Balance	WG 12-18	King Edmund	Olivia Agbabi, Ailsa Parsons, Charlotte Incedon	903	636	Freya Meachen	Suki Aerobics Gym Club	FIG SNR IND W	Aero	17:35:00	18:05:00	18:35:00	18:40:30
Balance	WG 12-18	Wakefield Gym Club	Sophie Penny, Eva Roddis, Mailey Brown	216	633	Xanthe Esslemont	Basingstoke Gym Club	FIG SNR IND W	Aero	17:57:30	18:17:30	18:37:30	18:42:30
Balance	WG 12-18	Richmond Gymnastics Assoc.	Chloe Bartholomew, Charlotte Dawson, Isla Vos	220	634	Niamh Keane	Sparkles Gymnastics Club	FIG SNR IND W	Aero	17:40:00	18:10:00	18:40:00	18:45:00
Balance	WG 12-18	Southampton Gym Club	Louella Churcher, Chloe Farbrother, Alys Morgan	200	630	Eesha Antil	Heathrow Aerobic Gymnastics Club	FIG SNR IND W	Aero	18:02:00	18:22:00	18:42:00	18:47:00
Balance	WG 12-18	Southampton Gym Club	Poppy Chance, Lois Abraham, Isabelle Pearce	204	632	Lily Duffy	Weston Aerobic Gymnastics Ltd	FIG SNR IND W	Aero	18:07:00	18:27:00	18:47:00	18:52:00
Balance	WG 12-18	Deerness Gymnastics Club	Flori Fort, Bethany Blackburn, Lilli Gardner	228	635	Lola Lawrence	Weston Aerobic Gymnastics Ltd	FIG SNR IND W	Aero	17:50:00	18:20:00	18:50:00	18:55:00
Balance	WG 12-18	Wakefield Gym Club	Luciana Gillard, Lilly Norris, Layla Wilsher	212	631	Abigail Carter	Phoenix Dance and Gymnastics	FIG SNR IND W	Aero	18:12:00	18:32:00	18:52:00	18:57:00
Balance	WG 12-18	Dynamic Gymnastics Academy	Beth Gilroy, Lily Schoneville, Amelia Davidson	224	664	Eric Deli	Heathrow Aerobic Gymnastics Club	FIG SNR IND M	Aero	18:00:00	18:30:00	19:00:00	19:05:00
Balance	WG 12-18	Spelthorne Gymnastics	Gemma Biddle, Alexis Biddle, Sophie Noyce	232	662	Connor Keane	Sparkles Gymnastics Club	FIG SNR IND M	Aero	18:22:00	18:42:00	19:02:00	19:07:00
Balance	WG 12-18	Southampton Gym Club	Amelia Chase, Chloe Green, Ella Clarke	208	0	Judging Time	-	-	J	18:05:00	18:35:00	19:05:00	19:10:00
Dynamic	MG 12-18	Heathrow Gym Club	Samuel Ajayi, Jeremiah Ajayi, Jacob Wall, Tristan Girard-Reydet	25	0	Judging Time	-	-	J	18:27:00	18:47:00	19:07:00	19:12:00
Dynamic	MG 12-18	Deerness Gymnastics Club	Ryan Lannon, Edward Payne, Ben Wardle, Jayden Humphrey	20	0	Judging Time	-	-	J	18:10:00	18:40:00	19:10:00	19:15:00
					0	Judging Time	-	-	J	18:10:00	18:40:00	19:10:00	19:15:00