



# Heathrow Aerobic Gymnastics

## Heathrow Gymnastics club

Green Lane Hounslow Middlesex  
[www.heathrowaerobicsgymnastics.co.uk](http://www.heathrowaerobicsgymnastics.co.uk)



1 of 6

## WORK PLAN

# 2026 HEATHROW INTERNATIONAL AEROBIC GYMNASTICS CHAMPIONSHIPS

## Venue

### Bracknell Sport & Leisure Centre

Bagshot Road

Bracknell

Berkshire

RG12 9SE

Tel: 01344 861717 or 01344 454203



**Bracknell Sport &  
Leisure Centre**  
**01344 861717**  
**01344 454203**

69 Neuman Crescent, Churchill Gate, Bracknell Berkshire RG12 7GL

Tel 01344 488885 Fax Number 01344 488885 e mail [gary@heathrowaerobicsgymnastics.co.uk](mailto:gary@heathrowaerobicsgymnastics.co.uk)

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## Competition Hotels

### Village Hotel

Bagshot Road

Bracknell

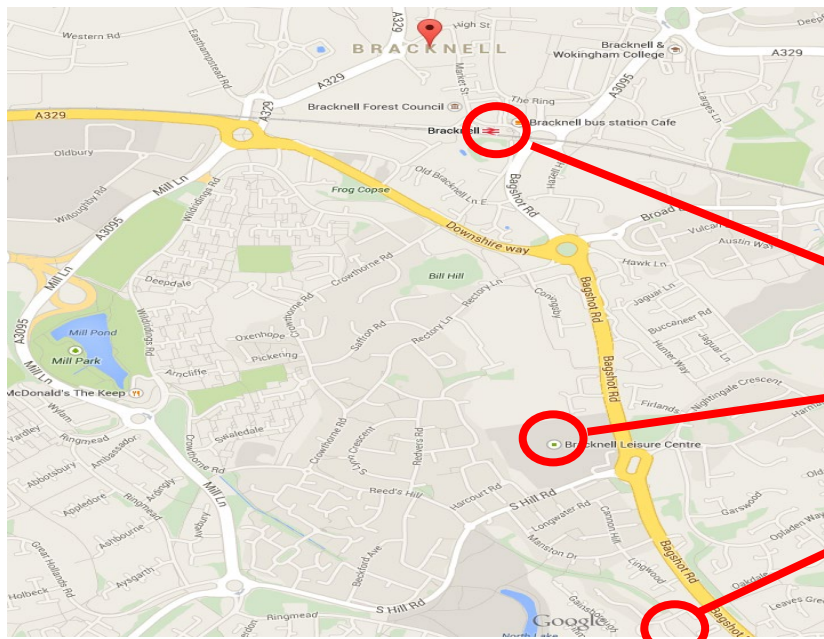
RG12 0QJ

United Kingdom

Telephone: +44 01344 203 380

E Mail [reception.bracknell@village-hotels.com](mailto:reception.bracknell@village-hotels.com)

Web Address <https://www.village-hotels.co.uk/bracknell>



Bracknell Train Station

Bracknell Sports Centre

Village Hotel

Please note the venues  
are within walking  
distance from the hotel.

| <b>Set Up</b>  |  |             |  |
|--|--|-------------|--|
| <b>Thursday<br/>21st May</b>   | Arrival of International Delegations   | All Day     |  |
|  | Arrival of back drop; visual displays (GymData).   | 15:00       |  |
|  | Seating set up build Gymnova Aerobic Floor.  |             |  |
| <b>Friday<br/>22<sup>nd</sup> May</b>  | <b>Friday 22<sup>nd</sup> May</b> - Arrival of International / UK Delegations  | All Day     |  |
|  | International Teams Training Main Hall to Schedule   | 09.00-11.45 |  |
|  | Main hall set up: seating area; judges' tables; flags. Sound & PA System; tablecloths etc; build Gymnova Aerobic Floor. Display network. Scoring system test.  | 09:00 am    |  |
|  | <b>IAC &amp; RAC Competitions<br/>Friday 22<sup>nd</sup> May</b>   |             |  |
|  | Judges Briefing Judges room; Hospitality suite (upstairs)  | 12:00-12:20 |  |
|  | Registration of gymnasts –<br>IAC & RAC gymnasts competing today (Friday) only.<br>Please note: Gymnasts will have their photograph taken at registration to be displayed with their Score/s.<br>Music will need to be uploaded to the GymData System if not already carried out; you should have received an email from GymData with instructions regarding this. | 12:00       |  |
|  | First IAC Competitor starts their warm-up  | 12:00       |  |
|  | Free floor training without music for Friday Gymnasts only   | 11:45-12:45 |  |
|  |  |             |  |
|  | Coaches Briefing - Main Hall – <b>There are changes to the warm-up room facilities this year. Please ensure you attend the meetings, so you know which areas are available</b>   | 12:30-12:40 |  |
|  |  |             |  |
|  | Doors open to the public.  | 12:15       |  |
|  |  |             |  |
|  | Judges seated  | 12:45       |  |
|  |  |             |  |
|  | <b>Gymnast Walk On</b>   | 12:50       |  |
|  |  |             |  |
|  | First IAC Competitor competes  | 13:00       |  |
|  |  |             |  |
|  | Medal Ceremony – IAC (Only medallists & those ranked 4 <sup>th</sup> -6 <sup>th</sup> are to present themselves for the medal ceremony - dressed in Club Tracksuit )   | 13.50       |  |
|  |  |             |  |
| First RAC Competitor competes  | 14:40  |             |  |
|  |  |             |  |
| Medal Ceremony - (Only medallists & those ranked 4 <sup>th</sup> -6 <sup>th</sup> are to present themselves for the medal ceremony - dressed in Club Tracksuit ) | 18:45  |             |  |

| <b>NAC National Development, FIG Foundation (all categories)<br/>National Development, IW, FIG Youth IW, IM &amp; TR &amp; Junior<br/>IW Qualifications<br/>Saturday 23<sup>rd</sup> May</b>   |             |
|--|-------------|
| Judges Briefing Judges room; Hospitality suite (upstairs)  | 09:00       |
| Registration of gymnasts –<br>gymnasts competing today (Saturday) only.<br><b>Please note: Gymnasts will have their photograph taken at registration to be displayed with their Score/s.</b><br><b>Music will need to be uploaded to the GymData System if not already carried out; you should have received an email from GymData with instructions regarding this.</b> | 08:00       |
| First Competitor starts their warmup   | 09:00       |
| Free floor training without music for <b><u>gymnasts running order numbers 145 - 260 only</u></b><br>NB: No spectators will be allowed into the arena at this time.<br>Only accredited coaches and gymnasts.   | 09.00-09.45 |
| Coaches Briefing - Main Hall - <b>There are changes to the warm-up room facilities this year. Please ensure you attend the meetings, so you know which areas are available</b>   | 09:20-09:35 |
| Doors open to the public.  | 09:15       |
| Judges seated  | 09:45       |
| Opening Ceremony all Clubs that are competing in the International Club Open (Club Tracksuits; hair tied up) Run-On by Club 2x8 routine with 2x8 run on – <i>(any gymnast competing in this competition can take part in the run on)</i>   | 09:50       |
| First Competitor competes  | 10:00       |
| Free Floor Training without music for <b><u>gymnasts running order numbers from 261-334</u></b> - Time 14 :11-14.45<br><b>Individual routines – 14.45-15.05-Partnerships.</b>  | 14:11-15:05 |
| Medal Ceremony – Announcement of Finalists.<br>(Only medallists & those ranked 4 <sup>th</sup> -6 <sup>th</sup> are to present themselves for the medal ceremony - dressed in Club Tracksuit)  | 17:45       |

**Saturday  
23<sup>rd</sup> May**

| <b>NAC Youth, Junior &amp; Senior, Finals FIG ND, Age Group, Junior, Senior - all Categories</b> |   |             |
|--|---|-------------|
| <b>Sunday<br/>24<sup>th</sup> May</b>  | Registrations of Gymnasts<br><b>Please note:</b> Gymnasts will have their photograph taken at registration to be displayed with their Score/s.<br>Music will need to be uploaded to the GymData System if not already carried out; you should have received an email from GymData with instructions regarding this. | 08:00       |
|  | Free Floor Training without music for <b><u>gymnasts that compete before lunch only (running order numbers 335 - 419)</u></b><br>Time 08.00-08.30 Individuals, 08.30-8.50 Partnerships.   | 08:00-08:50 |
|  | Judges Briefing Judges room, Hospitality suite (upstairs)   | 08:15       |
|  | Coaches Briefing - Main Hall - <b>There are changes to the warm-up room facilities this year. Please ensure you attend the meetings, so you know which areas are available</b>  | 08:30       |
|  | First NAC Competitor starts their warmup  | 08:00       |
|  | Doors open to the public  | 08:30       |
|  | Judges seated   | 08:50       |
|  | Opening Ceremony all Clubs that are competing in the International Club Open (Club Tracksuits; hair tied up) Run-On by Club 2x8 routine with 2x8 run on – <i>(any gymnast competing in this competition can take part in the run on)</i>  | 08:55       |
|  | First NAC Competitor competes   | 09:00       |
|  | Lunch   | 11.43-12.40 |
|  | Free Floor Training without music for remaining <b><u>FIG Gymnasts (running order numbers from 420 Onwards)</u></b><br><b>Time 11.43-12.15 Individuals – 12.15-12.40 Partnerships</b>   | 11:43-12:40 |
|  | Opening Ceremony all clubs that are competing in the International Club Open (Club Tracksuits; hair tied up) Run-On by Club 2x8 routine with 2x8 run on - <i>(any gymnast competing in this competition can take part in the run on)</i>  | 12:40       |
|  | First FIG Competitor competes   | 12:45       |
|  | Medal Ceremony  | 17:10       |

|  |
|--|
| (Only medallists are to present themselves for the medal ceremony - dressed in Club Tracksuit) |
|--|

## Additional Information

### Music Upload

#### Instructions for how to use the system:

Please follow this link to register to upload music: [www.gymdata.co.uk/user-register.aspx?mu=1](http://www.gymdata.co.uk/user-register.aspx?mu=1)

You will be asked to provide your name, email address and the name of the club you are associated with along with a password. Once you have entered this information click “Register”. You will be sent an email to the address provided which contains a link which will confirm your registration. You will only need to register once for all future competitions.

Once registered you can log in to the Gymdata website [www.gymdata.co.uk](http://www.gymdata.co.uk) as shown below:

The screenshot shows the GymData website interface. At the top, there is a navigation menu with 'Events', 'User Login', 'The System', and 'Contact Us'. The 'User Login' tab is selected. Below the navigation bar, the 'Gymdata Login' form is displayed. It includes a 'Username' field, a 'Password' field, and a 'Login' button. There is also a link for 'Forgot your password? Request a new one.' At the bottom of the page, there is a footer with the text: 'All scores may be subject to change or protest and are provided without guarantee as to their accuracy or completeness.' and '© 2007 - 2021 gymdata.co.uk Website and hosting provided by Elmbrook'.

Once logged in you can find this event on the “Future Events” page and then select the “Upload Music” option.

To upload a gymnast(s) music:

1. Select your club to show a list of gymnasts.
2. Find the gymnast(s) you would like to upload music for.
3. Click 'Choose File' and select the appropriate file from your device.
4. Once uploaded you will be able to play the track to confirm it is correct.

If you accidentally upload the wrong music you can upload another track which will replace the original. Uploaded music can only be played by the user who uploaded it so nobody else will have access to your music.

If you can't find your gymnast(s) please email their music to [music@gymata.co.uk](mailto:music@gymata.co.uk) as the system may not be updated regularly with changes and late entries.

**Please bring a copy of your music to the event (on USB or CD etc) as a backup.**

For any problems, please email [support@gymdata.co.uk](mailto:support@gymdata.co.uk)

**Seating:**

In view of the possibility of a larger than usual audience we have arranged for an area of **additional Gymnast Seating** to alleviate any problems in the main seating area. We would ask clubs to kindly help us as much as possible by using this Gymnast Seating if possible. We would ask clubs to please arrange for some form of chaperone to oversee their gymnasts whilst seated in these areas.

**Parking:**

Anyone staying at the official hotels are requested to walk to and from the venue if possible. We hope to avoid any car parking issues.

**Qualification**

Qualifications for - FIG ND IW, Youth IW & TR, Junior and Senior IW on Saturday 23<sup>rd</sup> May Finals will take place on Sunday 24<sup>th</sup> May 2026.

The following final places will be available in the Final. The Top 12 or Top 8 Gymnast will Compete in the Finals. **In categories with international competitors, there will be a minimum of one representative per nation in each final.**

Nat Dev IW – 12 Finalists

Age Group IW - 12 Finalists

Junior IW - 12 Finalists

Age Group TR - 6 Finalists

**Club Run On**

The Club walk on will be performed on Friday, Saturday and Sunday will follow a run-on as per the Running Order/Start List.

Only Medallists 1st-3rd and those ranked 4<sup>th</sup>-6<sup>th</sup> to present themselves at the medal ceremonies.

We will present medals to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places (Open) and only to Gymnasts that present themselves at the medal ceremony. Secondary Medals will be presented to those who place 4<sup>th</sup>-6<sup>th</sup> position during the medal ceremony.

We will also present medals to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places for Heathrow Club medals (Closed) .Secondary Medals will be presented to those who place 4<sup>th</sup>-6<sup>th</sup> position during the medal ceremony

**Inquiries**

An inquiry process will be in place for difficulty scores, as per the FIG code of points.

**Judging Panels**

There will be 2 Alternating judging panels.

The running order was initially generated by a random computer draw. However, in certain circumstances, we needed to make adjustments to ensure that all gymnasts received the required 10-minute rest period between routines.

GymData will provide the Scoring along with Live on-line results which will be available via their website: (click here)

<https://www.gymdata.co.uk/events/clubs.aspx?eid=937>

After the competition final results will be published on the Heathrow Aerobic Gymnastics website: <http://www.heathrowaerobicgymnastics.co.uk/>

Event - Welfare Officer – Lucy Devine – More. And will be stationed at the entrance.

The Event will be Live Streamed if you have a gymnast, you do not want to be filmed, please let us know by 19/05/2026. If we are not informed by this date, we will assume gymnasts and parents have agreed to be filmed.

Vibe Photography will be present and selling photos [Photographer](#)

Ivan from MeloGym will also be on site taking photographs.

[Home | MELOGYM](#)

NG Sportswear will be on site selling Venturelli shoes and lots more:

[www.ngsportswear.co.uk](http://www.ngsportswear.co.uk)

We are excited to have Aerobic 5 at our event -social media & Press. Silvana will be speaking with Gymnasts Coaches and parents.

Please pay important attention to the following: Bracknell Sports Centre have requested that we adhere to the following:

Hair must not be styled in toilets, or inside the venue, and hairspray must not be used in the café area. Please use the centre's designated changing rooms only for hair preparation. The centre will have staff monitoring this throughout the weekend, and anyone found doing hair in communal areas will be asked to move on.

All warm-up activities must take place in the specified warm up rooms, not in any corridors or communal areas. Please encourage all children to walk around the venue, please respect that this venue is operating to the public during our event and Bracknell Leisure Centre want all visitors to have a pleasant experience.

Clubs must ensure their gymnasts are behaving appropriately during the competition, we are required to remain the competition hall or warm up rooms during the event. Gymnasts should not be running around the venue into areas not being used by the competition.



